ePassport

International Affiliate of the Academy of Nutrition and Dietetics

an affiliate of the Academy of Nutrition and Dietetics

December 2023

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Hello IAAND Community,

Wishing you and your loved ones a safe and healthy holiday season. We are looking forward to the upcoming new year and many opportunities we will have to connect and share the interesting and important work going on in our community.

If you would like to share any nutrition news, updates or ideas for the upcoming newsletters, please feel free to send us an email.

We look forward to hearing from you. Thank you for your continued interest and support.

Maria Bovill, DrPH, RD
IAAND's ePassport Editor, 2023-2024

Message from IAAND's President

Dear Valued IAAND Members,

Merry Christmas and Happy New Year to you and your families. Wishing you a fruitful 2024 full of joy, happiness, good luck and success. I want to welcome new and returning IAAND members and supporters. There are many things to gain from your membership with IAAND. I would like to take this opportunity to welcome our new Leadership Team member, Rafika Ghrawi, who will be our International Projects Chair. She has exciting plans which will enrich IAAND's vision and mission. Members and supporters are encouraged to contact her to share their ideas and plans for improving our work. In addition, and on your behalf, I wish our members in India to be safe after the enormous

cyclones and floods that have struck part of the country and disturbed their everyday lives.

Stay tuned to IAAND's virtual meeting (Reception), which will be held on January 18, 2024 under the supervision of Dr. Judith Beto, IAAND's President-Elect. An excellent program is being planned and we look forward to seeing you all. Kindly mark your calendar for this fantastic opportunity to get to know each other in January 2024. Also, add to your calendar the Bi-Monthly House of Delegate Town Hall meeting held on January 11, 2024. Finally, the submission of proposals and abstracts for the IAAND's virtual conference in March 2024 has closed. Our Scientific Committee is very busy preparing and evaluating topics under rigorous selection criteria.

Members are encouraged to nominate an IAAND member or yourself for the following awards: Emerging Dietetic Leader Award, Outstanding Dietetics Student Award, Outstanding Dietitian of the Year Award, Recognized Dietetic Technician of the Year and the Recognized Young Dietitian of the Year Award. In addition, IAAND offers the following awards: the Country Representative Award and the IAAND Service Award. For more information about the award selection criteria and requirements, check out this link. In addition, the Academy has opened applications for the IAAND International Project Award. For more information and to apply, please visit here and for other awards and research grants, follow this link. Kindly check IAAND's open positions to serve on the Board or Leadership Team. You can contact our Nominating Committee Chair, Tania Lee.

I encourage all of you to continue engaging with IAAND and sharing your insights so we can accomplish great things together. Members can visit IAAND on FaceBook and LinkedIn. Your invaluable ideas, suggestions, and feedback are always welcome. You can send direct messages to my or through our amazing Executive Director. Your contributions are invaluable, and I am honoured to serve as IAAND's President. Please log in to our new website for further information.

I look forward to the exciting journey ahead.

With respectful appreciation,

Ahlam Badreldin El Shikieri, PhD, MBA, CPHN, CCNutr

Free Webinars

If you missed any of our previous webinars you can access this website to watch them!

IAAND Member of the Month

IAAND would like to recognize IAAND members around the world who are involved in interesting work and also contribute to the growth of IAAND.

This month, we would like to introduce Zenaida Velasco from the Philippines.

Zenaida Velasco is a highly accomplished Registered Nutritionist-Dietitian who has made significant contributions to the field of nutrition and dietetics. She is currently the CEO of Nutrition & Emotional Wellness Center and has been actively involved with IAAND as a Country Representative and Strategic Communications Manager.

Zenaida has been recognized for her outstanding work when she received the Excellence Award - the highest award by the Board of Nutrition and Dietetics. Her exceptional contributions include creating ten Dietetic Practice Groups for Nutritionist-Dietitians Association of the Philippines, serving as the Secretary General of the Asian Federation of Dietetic Associations and Vice-Editor in Chief of the Asian Journal of Dietetics, being named the Outstanding Alumna of the University of Santo Tomas for 2023 and receiving the Rector's Award for International Research.

Overall, Zenaida Velasco is a highly respected and accomplished professional in nutrition and dietetics. IAAND is very proud of her exceptional contributions.

Know any IAAND member that should be acknowledged or highlighted? Nominate them here. For more info, you can email IAAND's Nominating Committee.

CR Corner - IAAND Country Representatives' Quarterly Report

2nd Quarter FY 2023-2024
Compiled and edited by CR Chair, Rupal Shah RD, MSc, CDE

Thank you IAAND members for taking the time to read the following summaries of the reports submitted by our CRs. In this quarter, we have appointed three new CRs for Vietnam, Nigeria and Norway. Below is a compilation of both their IAAND involvement and their personal/professional work that CRs have participated in during the 2nd quarter of FY 2023-2024. This ranges from IAAND tasks such as responding to emails from many IAAND members and also non-members that have questions about nutrition or the practice of dietetics in other countries, to work-related activities that the CRs are involved in as part of their routine professional development. Feel free to reach out to any of the CRs if you find their work interesting, have questions about their country or have questions about anything found in their reports. Their contact information can be located on the list found here.

Barbados (Sade Haynes)

Sent out an invitation to participate in the IAAND virtual global nutrition conference.

Argentina (Jessica Lorenzo)

Sent introduction email to Argentina IAAND members. Shared grants information with members. Communicated about scientific events in Buenos Aires to understand attendance in order to try to meet in person while participating in congresses, conferences or symposiums. Communication with AADyND (Argentinian Association of Dietitians) and SAN (Society of Nutrition) to inform about IAAND event in March for speakers, dissemination, etc. Response pending.

Canada (Rim Mouhaffel & Nadine Moukheiber)

Sent welcome email to all new IAAND Canada members. Reached out to all dropped members. Completed multiple clinical nutrition webinars focusing on nutrition and diabetes care, nutrition focused physical exam and nutrition support. Attended pregnancy and perinatal conference. Provided multiple conferences about nutrition and age, as well as intuitive eating. Mentored and supervised six interns in area of digestive health.

Colombia (Eva Weston)

IAAND Colombia members met quarterly and Q2 meeting was held November 29 at a local restaurant. All members discussed the upcoming IAAND virtual conference, most applied to speak.

Cyprus (Elina Angastinioti)

Attended and presented during the Cypriot Dietetic Association Conference. Met and networked with some IAAND members.

Czech Republic (Victoria Hawk)

Nothing to report

HONG KONG (Winnie Lin)

Sent reminder via email to all Hong Kong IAAND members to attend FNCE. Also, sent out an invitation to join organization seminar dinner held on October 20, 2023. Responded to Canadian RD who inquired about details of life and work experiences in Hong Kong.

INDIA (Sohini Shah)

Emailed dropped members.

Italy (Patrizia Palumbo)

Answered to all requests about telehealth practice in Italy and Croatia. Found her via IAAND.

Japan (Shinta Nishioka)

Responded to a local registered dietitian about the activities of IAAND. Submitted the updated version of the country information sheet.

Malawi (Getrude Mphwanthe)

Welcomed new member via email and phone call. Presented a poster on hospital malnutrition at admission and discharge at FNCE in Denver, Colorado. Also made an oral presentation on the carbohydrate exchange mobile app for Malawi at the 5th Federation of African Nutrition Societies.

MALAYSIA (Ng Ai Kah)
Working towards reestablishing the networks among Malaysian IAAND members. Serves as Council member of Malaysian Dietitians' Association 2023-2025.

SWEDEN (Liliana Löderup)

Nothing to report with regards to IAAND/ PR Networking. With a passion in photography, her photos have been awarded as “Best of the Week” and one photo was selected to be featured in The NOIR International Photo Magazine. Continues to sit on the board for a fencing club.

Spain (Susan Burke March)

Completed my mentor work with the IAAND Mentor Coordinator, Sanele Nkomani. Helping a Spanish dietitian to find a US university to properly evaluate his scholastic history, degrees and work experience. Answered to a request from RDN in Virginia about seeing clients virtually in Spain. Met Maria Cruz Mazaneque Lopez, the Secretary of CODiNuCoVa: Colegio Oficial de Dietistas Nutricionistas de la Comunitat Valenciana. Maria updated about the work the organization is doing to change the paradigm of exclusion of DN in community health. Until recently, the employment of DN in hospitals was almost zero - but it was announced that 100 DNs will be hired to serve in primary care clinics in Valencia. Nationally, the CODiNuCoVa is working to increase the employment of DNs in the public healthsphere. Also, continued to volunteer her time with the International Women’s Club of Valencia. Did three presentations in first quarter. Two on the benefits of monounsaturated fatty acids and health associated with a Mediterranean-type diet with local olive oil curator, Susan Hoover (from Minnesota, living for 20 plus years in Valencia, and a retired college professor), and one on “Nutrition Myths”. Continued presenting this quarter on gluten and lactose-free diets (meaning and conditions that require these diets); “Eating for Energy” - what is energy and how do foods deliver it?; “Are you doomed if you have a diagnosis of diabetes?”; and “The Power of Herbs and Spices.”

SWITZERLAND (Stephanie Fiorito)

Nothing to report.

TAIWAN (Janet Malanga)

Sent email to dropped members. Also, reached out to Taiwan IAAND members to recruit speakers for the upcoming IAAND virtual conference in March. On request of Community Services Center of Taipei, gave a free talk on a nutrition topic to raise money for their mental health counseling services on September 19. Received an invitation to dine at the Pan Toh Academy (https://www.pantoh.com.tw/) to do a menu tasting on several dates in September and October. Gave a talk on healthy children's snacks to parents at Lycée International Français de Taipei (LIFT) in Taipei via Zoom. Attended FNCE virtually in October.

Turkey (Nur Gizem Seber Bozdogan)

Sent an email introducing the congress in March to the existing members. Sent another email to an IAAND member whose membership ended in November. Emailed Turkey Dietitians about the process and benefits of IAAND membership. Simultaneously, also preparing for a doctoral qualification exam, which will take place in February 2024.

UNITED ARAB EMIRATES (Dania Jukaku)

Sent welcome email to new members.

VENEZUELA (Pablo Hernandez)

Answered colleague about the Academy's benefits. Participated as a speaker in the LX National Congress of the Venezuelan Society of Orthopedic and Traumatological Surgery in the Margarita Island of Venezuela. Past CR Venezuela presented the poster: “Intake Patterns of Essential Amino Acids in Latin America: Results from the ELANS Study” in which present CR Venezuela was a co-author at FNCE. Received Honorable Mention Diploma for the value of the promotion work presented to qualify for the category of Assistant Professor. Awarded by the UCV in Caracas, Venezuela. Invited to be part of the Venezuelan delegation for the Ambassadors du Pain organization, whose purpose is to defend and promote the tradition of artisanal bread and its nutritional and gastronomic values worldwide. Find the media report here.

IAAND: Connecting Minds, Fostering Excellence

As we approach the end of another incredible year, IAAND is thrilled to celebrate the 2023 year-end! It has been a journey filled with growth, learning, and, most importantly, the invaluable connections we have made with professionals like you. You are invited to be part of our family on the Linkedin page and group.

Why Connect with IAAND on LinkedIn?
LinkedIn has become a powerful platform for professionals to connect, share insights and stay updated on the latest trends in their respective industries. IAAND is no exception. By following our LinkedIn page, you'll be at the forefront of the nutrition and dietetics landscape.

Here's what you can expect:
-Cutting-Edge Content: Stay informed about the latest research, trends, and news in the nutrition and dietetics field. IAAND is committed to delivering high-quality, relevant content that enhances your professional knowledge.
-Networking Opportunities: Connect with fellow nutritionists, dietitians, and health enthusiasts from around the globe. Our LinkedIn community is a hub for collaboration, discussion, and the exchange of ideas. Forge meaningful connections that could shape the future of your career.
-Exclusive Updates: Be the first to know about IAAND events, webinars and initiatives. As a LinkedIn follower, you'll receive timely updates and exclusive insights directly from IAAND leadership.

Join the IAAND LinkedIn Group: A Community of Like-Minded Professionals In addition to our company page, we invite you to become a member of the IAAND LinkedIn Group. This private space is dedicated to fostering deeper discussions, collaboration, and support among our members. Share your experiences, seek advice, and contribute to a vibrant community passionate about nutrition and dietetics.

Follow IAAND on LinkedIn: https://www.linkedin.com/company/67224482/admin/feed/posts/.
Join the IAAND LinkedIn Group: https://www.linkedin.com/groups/13801629/.

Get Ready for the New Year with IAAND! As we approach a new year filled with opportunities, IAAND is committed to being your go-to resource for professional growth and community engagement. Follow our LinkedIn page and join our group to ensure you don't miss out on any exciting developments. Thank you for being a part of the IAAND journey. Here's to another year of collaboration, learning and success!

Best Regards,
IAAND Social Media Team

Award Nominations

It's time for the Annual Affiliate Award Nominations!

Do you know of an IAAND member that is deserving of one of the annual affiliate awards? These are open to IAAND members who have been involved with leadership and service, in addition to their professional work.

There are five awards:

1. Emerging Dietetic Leader Award: recognizes the competence and activities of members, regardless of their age, who are at the beginning of their dietetics careers.

2. Outstanding Dietetics Student Award: recognizes the emerging leadership and achievement of students in ACEND-accredited dietetics education programs and encourages their participation in the Academy of Nutrition and Dietetics. The categories under this award are:

-Coordinated Program in Dietetics
-Dietetic Internship
-Didactic Program in Dietetics
-Graduate Program in Nutrition and Dietetics
-Dietetic Technician Program
-Foreign Dietetics Education Programs

3. Outstanding Dietitian of the Year Award: recognizes the commitment to excellence made by an individual who has demonstrated outstanding leadership and service to the profession.

4. Recognized Dietetic Technician of the Year: recognizes the professional contributions of dietetic technicians in AND and encourages their continued participation in association affairs.

5. Recognized Young Dietitian of the Year Award: recognizes the competence and activities of younger dietitians in AND and encourages their continued participation in Academy affairs.

For more information about the updated award selection criteria and requirements, check out this link.

In addition to the Academy Affiliate Awards, IAAND also

offers two unique awards to our members. These include the Country Representative Award and the IAAND Service Award.

Please submit your nomination here.

Applications must be completed no later than March 31st, 2024. Please consider nominating a deserving IAAND member. We welcome self-nominations as well!

News from Academy of House of Delegates

The HOD reviewed submitted issues from members during the November meeting to evaluate if any were appropriate for the HOD to take up at this time. While there are many important issues that could fall under the HOD purview, there is important work being done by other areas of the Academy on those topics the HOD would like to see completed before moving them forward. The HOD will continue to monitor these issues. You can review all of the issues submitted and discussed by clicking here.
Remember you can submit your own issue via the Environmental Scanning page at any time. The next quarterly issues will include all submitted before January 15, 2024 so if you have issues for the HOD to discuss please submit for the next cycle by January 15, 2024. Issues submitted after this time will be evaluated in May 2024.

Thank you to all IAAND members who submitted responses to the Artificial Intelligence Survey from the HOD. This information will be used in planning the January 2024 Dialogue session.

The December HOD Dialogue session was an update from the Policy and Advocacy Group.

Holiday greetings from the HOD to all IAAND Members!!

Connect with IAAND Members

Have you joined the IAAND Google Group yet? Click here to sign up!

- Connect with IAAND members around the world
- Ask questions of other nutrition experts
- Share resources and insights with your peers

Questions? Email us!

Save the Dates: Upcoming Conferences and Events

19th International Congress of Nutrition and Dietetics (ICND)
Toronto, Canada, June 12-14, 2024

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.

International Affiliate of the Academy of Nutrition and Dietetics
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