Varsha
Chennai, India

ANNUAL REPORT 2022 – 2023

The Board of Directors – full strength, set to work full steam with most valuable and able support of Ms Maria Bovill as Past President, & Dr Ahlam El-Shikieri as President-Elect, Dr Esther Myers, HOD; Ms Rupal Shah, Chair, Country Representatives; Dr Sylvia Klingner, Chair, Professional Development; Dr Zenaida Velasco, Chair, Strategic Communications & Ms Tania Lee, Chair, Nominating Committee.

The year 2022-2023 marked several exciting events

- Return to Face-to-Face FNCE at Orlando, Florida – President Elect – Ms. Ahlam El-Shikieri, International Projects, Chair & E-Global co-ordinator [Ms. Michiko Tomioka] & Keri Project Coordinator [Ms. Kay Gibbons] along with Country Representative Chair – Ms. Rupal Shah, put together a very exciting event for the FNCE Reception.
  TWO exciting events at FNCE
  1. IAAND – INDMIG – SPOT LIGHT Session at FNCE 2022 – 247 Preserving Kidney Function with Cultural Plant-Based Foods: A Global Collaboration was evaluated and the event average was rated to be 4.67 for overall quality of the session; 4.65 for session description meeting expectations; 4.66 for incorporation of practice applications & 4.70 for content presented. IAAND Speaker was rated 4.78.
  2. AND Foundation FNCE session each year funded by "Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management" fund. This session focuses on a global topic each year, which is focus on "IAAND" – YES WE WERE CENTERSTAGE and the speakers were Academy President-Elect Lauri Wright and Past President Susan Borra. Video Clip message from IAAND President formed a part of their presentation.

- Strategic Planning Committee - presently chaired by Past President, Ms. Maria Bovill, initiated by former Past President, Ms. Monique Richard, lead by IAAND Delegate, Dr Esther Myers and consisting of the following members Ms. Ahlam El Shikieri, President Elect; Dr. Naomi Trostler, Past BOD member; Ms. Prajakta Khare, Non LT IAAND member; Ms. Karla Padrelanan, Leadership Team Representative, and of course myself, as President, regularly brainstormed couple of months to update and define with clarity, IAAND mission, vision, goals and describe Strategies on how IAAND builds on our core organizational strengths in food and nutrition research; advocacy and communications; professional development; and workforce demand and capacity.

- Place on record the most laudable, magnanimous gesture of our parent body – Academy offers a discounted membership rates for dietitians categorized by the world bank classification, as belonging to, "developing countries". It is a win-win situation for both the dietitians [financial viability] and IAAND [increased member participation]. IAAND must publicize this information and encourage more dietitians to avail the benefit.

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- To keep us connected 24 x 7 x 365 we have GOOGLE GROUP – A golden opportunity to shrink the IAAND world, UNITE and work towards enhancing our professional expertise – ONE THOUGHT, ONE ACTION IN ALLEVIATING MALNUTRITION!!

- IAAND Collaboration with Nutritionist Dietitian Association of Philippines – 3rd year in row, was center stage at the 68th 1st Hybrid NDAP Annual Convention, Iloilo Philippines.
  - Besides the usual Pre-convention Workshop [Face-to-Face] – "Building Collaboration and Synergy of RND and MD Using The NCP" on February 22, 2023, 1-4pm with following sessions
    * Medicine & Dietetics Synergy in Far East [SWOT Analysis] – Prof Dr Varsha;
    * The RND: An Ally in the Field of Health – Hon Virgith B Buena:
    * Ethics & Scope of Practice: How to Add to Toolbox for Building Collaboration and Synergy of RND and MD – Karen P Lacey
    * Using NCP to Demonstrate RND vs MD in Medical Nutrition Therapy – Dr Esther F Myers & Dr Sylvia E Klinger
    * Role Playing: Dynamics of Collaboration vs Competition - Dr Esther F Myers, Dr Sylvia E Klinger & Prof Dr Varsha
  - Additional Sessions included
    - Video on Demand Pre-recorded sessions by our very own Past President - Ms Monique Richard under section – Integrative and titled "Inflammation and Detoxification;
    - DPG Session – Prof Dr Varsha "Nutrition Care Process in Renal Disease"
    - Workshop – IAAND : Building Collaboration and Synergy of RND and MD using the NCP
    - Keynote Address – Best Practices in Clinical Dietetics including Nutrition Care Process – Dr Esther F Myers
    - Plenary Clinical Nutrition Session – Access to Diabetes Care: Promoting Best Practices to Protect Tomorrow – Prof Dr Varsha

  - I Place on record my sincerest gratitude to the IAAND BOD and Leadership Team. It has been challenging especially with Amanda withdrawing from her President Position 2 months into her tenure but most learning experience under the able guidance of Dr Esther Myers. Thank you, Dr Myers for teaching me to fly high! I dreamt and wished much more and my 10,000 membership has reached 1,000 to start with and hence can state with satisfaction that I not only survived, thrived these two years 2021-2023, but further more consolidated the efforts to proudly pass on the baton into competent hands of Dr Ahlam El-Shikieri.
    - Ahlam, you have stretched and spread yourself thin even before your term started as President-elect. I promise you; I am there with equal fervor if not more.
    - Special thanks to Victoria, PD Chair when I took charge,
    - Late Debra Hook, Scientific Committee and Conference Chair and above all
    - Tania Lee Xu Yar, for stretching yourself and being there for late night WhatsApp calls.
    - Maria Bovill, your expertise as past president brought forward into the present has been valuable and the most precious support – Thank you.

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- Sylvia Klinger for your infectious positive energy and by the way, you make a wonderful travel partner, and scientific sessions co-speaker!
- Rupal Shah for being my right hand, not only you patiently heard me out, but went an extra mile to coordinate and implement activities at short notice. Keep up the spirit in years to come and wish to see you as President IAAND!
- Marise Abboud, greatly appreciate your patience, tolerance and accommodating my last-minute e-passport postings. Thank You is a small word to convey my gratitude to you!
- Welcome to our new ED – Ms Amy. Looking forward to get IAAND going forward in full gear once again with your assistance!

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