Varsha
Chennai, India
President-Elect / President

ANNUAL REPORT 2021 – 2022

The International Affiliate of the Academy of Nutrition and Dietetics [IAAND] board of directors and leadership team of 2021 – 2022 began earnestly and enthusiastically under the Presidentship of Amanda Berhaupt-Glickstein. The year however witnessed several upheavals beginning with President compelled to relinquish her position almost within Two months into her tenure, Secretary-Treasurer Tania Lee [Malaysia] was overwhelmed with intervening pregnancy blues and the Executive Director position too had couple of changes – Rachel Kelleher & Sarah Grant. With Professional Development Chair – Victoria Jarzabkowski Lindsay in Japan, Tania in Malaysia, and Past President, HOD, Strategic Communications Chair as well as ED in USA, time zone variations were equally daunting.

Varsha Tarvady thus donned the double mantle of both President – Elect and President. Additional challenges fell out of this uncertain situation such as tenure of President Elect telescoping into President, Past President Monique Richard etc that mandated initiation of proceedings to amend and revise the IAAND Byelaws as follows:

1. Past President Position – Since Monique Richard did not want to extend her tenure, to be replaced in the 2022-2023 with Dr Maria Bovill [Former] IAAND President
2. Ahlam El Shikieri, Saudi Arabia – International Projects Coordinator 2021-2022 to be President Elect 2022-2023

Varsha adopted the anthem of Dr APJ Abdul Kalam, President of India [former] – I am born with the Potential, I am born with the Idea, I am born with Greatness, I am born with Courage, I will Defeat the Problem and Succeed, I am not for Crawling, Because I will Fly. She pledged to serve IAAND mission, vision, values and enhance IAAND communications/member engagement and was driven by the statement – "Dream is not that which you see while sleeping. It is something that does not let you sleep".

Rupal Shah, Country Representative Chair, augmented the effort in keeping with the Vision and Mission of IAAND and the slogan "Persistance & Perseverance Pays". Together with the Varsha, she set the goal to increase IAAND membership from 950 members to 10,000 members and from 79 countries around the world to 100 countries participation. Also to increase country representation from present 44 representatives.

A CLARION CALL TO THE COUNTRY REPRESENTATIVES was made to organize/facilitate • Webinars; • Workshop & Scientific Sessions at Conferences; • International Research Projects With INCENTIVE such as – AWARD Certificate[s] • For Participation; • For Recognition; • For Acknowledging Contribution; • For Appreciation OR Complementary non-member subscription to Any one or All 3 offerings- newsletters, webinars, and CIS

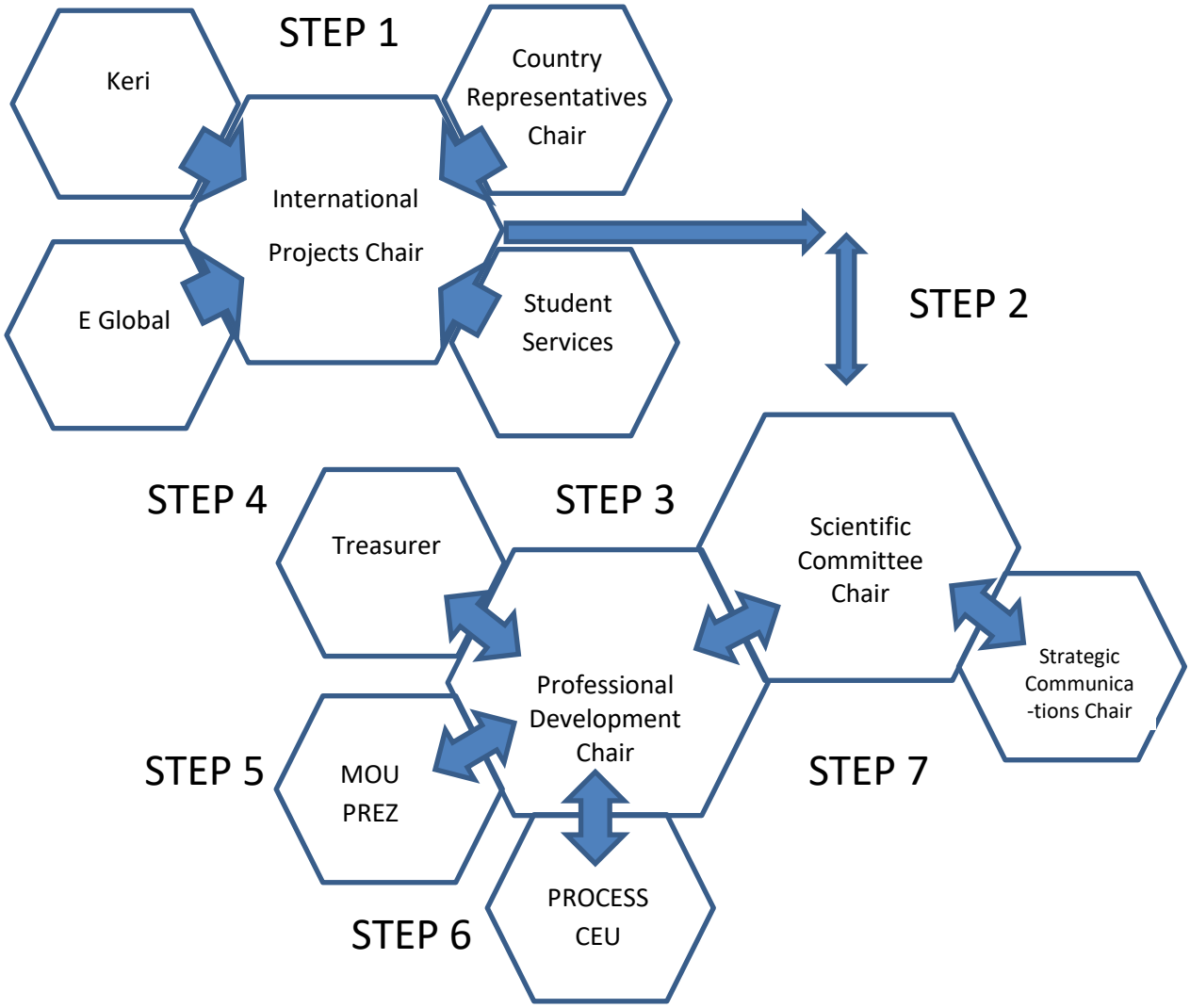
Dr Esther Myers conducted the Town Hall – Volatility, Uncertainty, Complexity, & Ambiguity – VUCA Sessions and IAAND members very enthusiastically interacted and offered valuable ideas. **Questions for VUCA**

1. What are the strengths of your organization unit and/or members that could be harnessed [employed] to promote VUCA as a change driver?
2. What are the opportunities and challenges associated with VUCA? In other words, what future opportunities would VUCA bring for the HOD?
3. What future challenges would VUCA bring for the HOD? Are there challenges it would bring for the structure, organization, volunteers, members, etc.?
4. What adaptations or actions do you recommend the HOD take in response to VUCA?

Due to COVID 19 Pandemic the IAAND Reception was conducted Virtual on October 16, 2021 – 2:00 – 3:30pm EDT. Affiliate Award Winners: Outstanding Dietetics Student Award: Marise Abboud; Outstanding Dietitian of the Year: Monique Richard & Emerging Dietetic Leader Award: Lily Chen. Also Special Award Winners – IAAND Service Award to Karla Padrelanan; Dustin Reed; Elizabeth Marino-Costello; & Country Representative award to Rafika Ghrawi & Melisa Karabeyoglu & Wimpfheimer-Guggenheim AWARDS: The Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics & Management Essays; First International Nutritionist/Dietitian [FIND] Fellowship for Study in USA & International Lecture at the Academy of Nutrition & Dietetics [AND] Food & Nutrition Conference & Expo [FNCE] were announced and felicitated
Figure 1: Algorithm outlining the steps to facilitate smooth coordination of IAAND activities was also mooted

Shri Shraddha # 5 Third Street Dr Thirumurthy Nagar Nungumbakkam Chennai 600034 TN India
drvarsha.t@gmail.com; +919841082244

Varsha
Chennai, India
President-Elect / President



"Thank You" Rupal & Karla. Rupal you really led from the front & Karla, WOW, words fail me! What an amazing compilation!! You truly captured Not just the "World of Flavors" but The World of IAAND. A Shoutout to All my CR's who rose to the occasion in the shortest possible time.
ASIA PACIFIC: Rupal Shah – India; Reiko Hashimoto – Japan; Zhenie Velasco – Philippines; Janet Malanga – Taiwan
CENTRAL & SOUTH AMERICA: Luciana Ambrosi – Argentina; Eva Weston – Colombia; Maria Gabriela Cucaon – Ecuador; Pablo Fernandez – Venezuela
EUROPE: Elina Angastinioiti – Cyprus; Susan Burke March – Spain; Melisa Karabeyoglu – Turkey; Charmain Tan – United Kingdom
MIDDLE EAST: Karla Padrelanan – Qatar; Ala Zaidan – United Arab Emirates;
BARBADOS & CANADA: Sade Haynes – Barbados; Rim Maihaffel & Nadine Moukheiber – Cananda

A good day isn't always
Perfect. It challenges you to
Release your potential and
Inspires you to appreciate the
Little amazing things in life
Don't wait for – Extraordinary opportunities – Seize common occasions and make them great!

Above two quotes were the driving force for April 2022, not only to the Leadership Team and the Board Members to face the "Challenges" of Planning for the coming year. But as the IAAND Face Book Post urged each one to

Shri Shraddha # 5 Third Street Dr Thirumurthy Nagar Nungumbakkam Chennai 600034 TN India
drvarsha.t@gmail.com; +919841082244

Varsha
Chennai, India
President-Elect / President

grab the opportunity To Make a Difference – Identify issues to the Global Dietetics Community" – meaningful dietetics professional issues that need to be addressed across many different practice areas and different practice settings.

Despite challenges and hurdles IAAND navigated and emerged strong.

It has been a wonderful opportunity to learn Leadership Administration at International Level & I "Thank" IAAND Members; Leadership Team 20-21; Country Representatives; Drs Esther Myers & Naomi Trostler; Monique Richard, Amanda Barhaupt-Glickstein, Romina Barritta; Ahlam El Shikieri, Victoria Jarzabkowski Lindsay, Debra Hook, & Marise Abboud, Executive Directors, Academy of Nutrition & Dietetics – Staff and Board for valuable support and making this a memorable year.

With Prayer for Humanity – May All Be Happy, May All Be Without Disease, May All Creatures Have Well-Being, And No One Be In Misery Of Any Sort, May Peace & Peace & Peace Be Everywhere [translated from Sanskrit Version]

I wish our IAAND Fraternity a fruitful 2022-2023 Ahead!
Sincerely,

Varsha, MSc PhD RD CCN CNIS
IAAND President 2021-2022

Shri Shraddha # 5 Third Street Dr Thirumurthy Nagar Nungumbakkam Chennai 600034 TN India
drvarsha.t@gmail.com; +919841082244