ePassport

International Affiliate of the Academy of Nutrition and Dietetics

an affiliate of the Academy of Nutrition and Dietetics

September 2023

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Message from the Editor

Hello IAAND Community,

We hope that you and your loved ones are all safe and healthy.

The September 2023 ePassport edition marks the end of my term as the editor for IAAND's ePassport. After two years, I am grateful to have had the opportunity to work alongside every one of you and be part of such a diverse and wonderful community. It was a one-of-a-kind experience, where I was able through being the editor to read so many amazingly put articles, achievements, and initiatives done by nutritionists and dietitians around the globe and have had the chance to connect and get to know you along the way.
From that, I would like to extend a warm welcome to Maria Bovill, the newest editor for IAAND's ePassport, who will be taking over my duties. Please read below for an introduction from Maria!

If you would like to share any nutrition news or updates, please feel free to send us an email.

Thank you for your continued interest and support.

Marise Abboud, LD
IAAND's ePassport Editor, 2021-2023

Meet IAAND's New Editor!

Hello everyone, I am the new newsletter editor. I would like to first thank Marise for her continued generous support during my transition through September!

For a bit of my background, I served in the US Army for almost 25 years with assignments in the US, Europe and Africa as well as conducting research in Central America and the Pacific. During that time, I was fortunate to be able to earn advanced public health degrees, which shaped my career path and interests in global health. Upon retirement, I was privileged to work for nine years as the Food Security and Nutrition Specialist for The Border Consortium, a UK-based non-governmental organization, serving refugees in nine camps in Thailand along the Myanmar border. My research interests include childhood malnutrition and anthropometrics particularly focusing on nutrition surveys.

I first joined IAAND, then named AODA, in 1994 while assigned in Germany. I have since served in various positions on the Board, most recently as past president in 2022-2023. I am excited to continue to support IAAND members as the newsletter editor and look forward to working closely with you to ensure the newsletter content reflects the needs of our community!

Message from IAAND's President

Dear esteemed members,

I hope you are all in good health and high spirits. It is with great pleasure that I reach out to you today as we continue our shared commitment to advancing the field of nutrition and dietetics. A warm welcome to our new members and looking forward to your contributions to IAAND from whatever angle you feel you can contribute and make a difference. I have some exciting news, updates and reminders to share with you.

I am looking forward to meeting you personally at FNCE 2023 in Denver. Please take note of the events presented below. Also, stay tuned for the launching of IAAND's updated website with valuable information, attractive, and easier access to information.

Events taking place during FNCE 2023:

Sunday, October 8:
7:30 a.m. - 8:30 a.m.
Event: Meet outside of Convention Center, rooms 601-603-605-607, prior to the International Lecture.
Comment: Bring your coffee and join on informal conversations and introductions.

8:30 a.m. - 9:30 a.m.:
Event: Convention Center, rooms 601-603-605-607. 2023 Wimpfheimer-Guggenheim International Lecture-Innovative Careers in Dietetics: Advancing Global Hunger and Food Systems Initiatives.

Monday, October 9
9 a.m. - 3:30 p.m.:
Event: IAAND Meet and Greet Booth – Exhibit Hall, Booth #202.
Comment: Stop by to meet others and learn more about IAAND!

I would like to extend my heartfelt congratulations to our amazing Executive Director Melisa Karabeyoglu who obtained her PhD last week. Melisa's dedication, hard work and contributions to our field have not only enriched her own knowledge but have also brought honor to IAAND. On behalf of IAAND, I wish her success and good luck in her life.

Furthermore, I want to draw your attention to an important event that occurred last month from September 18 to 22 that was the Malnutrition Awareness Week. This week served as a vital platform for us to raise awareness about the critical issue of malnutrition, share knowledge and engage in initiatives aimed at combating malnutrition globally. Malnutrition remains a pressing concern, affecting millions worldwide. It is our duty as nutrition and dietetics professionals to address this issue effectively. I encourage each of you to actively participate, contribute your expertise and help us make a difference in the lives of those affected by malnutrition. You are invited to share your photos, programs, published papers or relevant work related to malnutrition to be featured on IAAND's website and social media.

An exciting opportunity and formal invitation to all IAAND members to participate at IAAND's 2024 Conference, which will be held virtually on March 23-24, 2024, where you are all encouraged to participate and share your

work. Further information will be available on IAAND's website by next week. The conference's theme is to “Build capacity of global dietitians and nutritionists to thrive in tomorrows’ world,” and we are now accepting program proposals and posters. IAAND is seeking expert speakers on the following themes:
Nutripreneurship,
Hunger, Food Insecurity, Nutrition Insecurity,
Innovative Global Nutrition Strategies through the Life Cycle,
Technology Innovations in Nutrition and Dietetics.

Our every-second month Coffee Break will start in October under IAAND's Media Representative Vilasavathi Venkatachalam (Vilasi). She is very energetic and has designed a wonderful program that I am sure you will enjoy. Stay tuned!

We have several positions for any interested volunteers. Please feel free to self-nominate by contacting our Nominating Committee Chair Tania Lee. The available positions are Secretary/Treasurer, KERI Coordinator, Member Services Chair and others. Please get in touch as we need your expertise and support.

Lastly, I would like to express my sincere gratitude for your ongoing support and participation. Your contributions are invaluable, and together, we can make a significant impact in nutrition and dietetics. Thank you once again for your dedication to our shared mission, and I look forward to your active participation.

Warm regards,

Ahlam Badreldin El Shikieri, PhD, MBA, CPHN, CCNutr

Free Webinars

If you missed any of our previous webinars you can access this website to watch them!

Malnutrition Awareness Week in Ecuador

By Maria Gabriela Cucalon, MS

The dietetic internship for Nutrition and Dietetics program in Ecuador is a mandatory yearly pre-professional internship program that covers business and community professional internships specifically designed for health careers.

The Nutrition and Dietetics program from Escuela Superior Politécnica del Litoral has been the ambassador of the ASPEN Malnutrition Awareness Week since 2021. Over the years, as an ambassador we have encouraged our students and professors to educate themselves on malnutrition.

This year being the dietetic internship coordinator, I have encouraged our dietetic internship students to lead the MAW through their activities at their Teaching Assistance Units. Currently, we have 40 students doing their dietetic internship in five hospitals and 18 community facilities in Guayaquil, Ecuador.

The 2023 MAW activities included:

1. Open House - Malnutrition Week 2023: Prevalence and importance of hospital malnutrition and screenings,
2. Keynote Talk: Screening and diagnosis of malnutrition,
3. Keynote Talk: Nutritional guidelines for the treatment of malnutrition in patients with non-communicable diseases,
4. Keynote Talk: Screening and assessment of nutritional status – UCI department,
5. Community Health Centers: Malnutrition week talks,
6. Rotating Internship Academic Day event at ESPOL: Discussion on malnutrition and the role of the nutritionist in hospital, community and food service and dietetics areas through a YouTube live,
7. Keynote Talk: Presentation of clinical cases of hospital malnutrition,
8. Workshop: Progression of diets and types of diets and their indications,
9. Keynote Talk: Post-hospitalization home nutrition guidelines.

Biography

Maria Gabriela Cucalón graduated with a Bachelor of Science in Human Nutrition from San Francisco de Quito University, Quito-Ecuador, and has a master's degree in nutritional sciences - didactic program in dietetics from Drexel University, College of Nursing and Health Professionals, Philadelphia, USA. She is the former program coordinator in Nutrition and Dietetics at the Escuela Superior Politécnica del Litoral, and is currently the dietetic internship program director, associate professor of clinical nutrition assignments, and investigator at ESPOL, and provides private consultations for chronic disease patients. Maria is also a reviewer of the Clinical Nutrition Journal of the European Society for Clinical Nutrition and Metabolism known as ESPEN, Bionatura Magazine, and the Colombian Journal of Clinical Nutrition.

IAAND Educational Stipends

Apply now for IAAND's Educational Stipends by November 30!

Twice annually, IAAND competitively selects member applications to receive one of the following three educational stipend awards to attend or present at a food or nutrition-related educational event, such as a conference or workshop. The educational stipend awards are:

- Two 250 USD member (student or non-student) stipend to attend an event,
- One 500 USD stipend for a member from any membership category to present at an event.

To be considered for an educational stipend, applicants must meet membership criteria, have completed the application form according to the guidelines, and have not been awarded a stipend within the past three years. All stipends are awarded in USD after the event has occurred and only after all stipend awardee requirements have been fulfilled.

Deadlines

For an educational event held between:

- June 1 and December 31, the application deadline is April 30,
- January 1 and May 31, the application deadline is November 30.

All applications must be submitted online. More information can be found here. Note that to access the application, you must first log in as a member.

Apply today and help advance your nutrition education!

Volunteer with IAAND

There are several leadership opportunities open found below where you can get to be a part of IAAND's team!

If you would like to nominate a colleague, please send us an email including the nominee's name, email address, and preferred leadership position.

Elected Positions
Secretary-Treasurer (2023-2025)
The Secretary-Treasurer supports planning and documenting the Board of Directors and Leadership Team teleconferences meetings, oversees financial operations, chairs the Finance Committee, oversees the Fundraising Chair activities, and participates in annual review of assigned policies and procedures.

Country Representatives Chair-Elect (2022-2023)
The Country Representatives Chair-Elect assists the Country Representatives Chair in communicating responsibilities, conducting activities, sharing IAAND content among others with IAAND's Country Representatives.

Appointed Positions
These positions are confirmed by the IAAND President after the election.

Scientific Committee/Conference Chair (2023-2025)
The Scientific Conference Chair reports to the Professional Development Chair and oversees the planning, implementation and evaluation of IAAND's participation in conferences.

Student Services Co-Chair (2023-2025)

The Student Services Co-Chair is responsible for recruiting student members and boosting membership. They provide updates to student members via a quarterly newsletter and act as a liaison between the leadership team and student members.

For more information, please send us an email.

Connect with IAAND Members

Have you joined the IAAND Google Group yet? Click here to sign up!

- Connect with IAAND members around the world
- Ask questions of other nutrition experts
- Share resources and insights with your peers

Questions? Email us!

Save the Dates: Upcoming Conferences and Events

Food & Nutrition Conference & Expo (FNCE)

Denver, Colorado, USA, October 7-10, 2023

XVIII Congreso Latinoamericano de Nutrición Clínica, Terapia Nutricional y Metabolismo (FELANPE)

Asunción, Republic of Paraguay, October 10-14, 2023

Sociedad Latinoamericana de Nutrición (SLAN)

Cuenca, Ecuador, October 22-26, 2023

12th Cyprus Dietetic & Nutrition Association Conference and Expo
Nicosia, Cyprus, December 1-3, 2023

International Diabetes Federation Congress (IDF)
Virtual, December 4-7, 2023

19th International Congress
of Nutrition and Dietetics (ICND)
Toronto, Canada, June 12-14, 2024

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.