ePassport

International Affiliate of the Academy of Nutrition and Dietetics

an affiliate of the Academy of Nutrition and Dietetics

June 2023

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Hello IAAND Community,

We hope that you and your loved ones are all safe and healthy.

If you would like to share any nutrition news or updates, please feel free to send us an email.

Thank you for your continued interest and support.

Marise Abboud, LD
IAAND's ePassport Editor, 2021-2024

Message from IAAND's President

Dear Members of the International Affiliate of the Academy of Nutrition and Dietetics,

I extend a warm and heartfelt welcome to each and every one of you as we come together for another exciting year of collaboration and knowledge-sharing within the International Affiliate of

the Academy of Nutrition and Dietetics. As the President, it is an honor to address this esteemed community of professionals dedicated to advancing the field of nutrition and dietetics on a global scale.

Our international affiliate represents a diverse group of individuals from various countries and cultural backgrounds, united by a common vision and mission: **An international nutrition and dietetics community that promotes health and well-being through food and nutrition** and **Empower members through professional development and promotes global collaboration in the international nutrition and dietetics community**. The breadth and depth of knowledge and expertise within our membership are truly remarkable, and it is through our collective efforts we can drive positive change and make a lasting impact.

The year 2023-2024 promises to be filled with exciting opportunities for growth, learning, and professional development. Our calendar is full of engaging events, thought-provoking webinars, IAAND 2024 conference, and collaborative projects that will allow us to leverage our collective expertise and address the pressing issues facing nutrition and dietetics in today's world. There will be a “Coffee break” which is a one-hour event held once every two months, where all IAANDies will gather and get to know each other closely and collaboratively.

As members of the International Affiliate, you bring unique perspectives and experiences that enrich our collective knowledge base. The power of collaboration cannot be understated. You are encouraged to share your research findings, innovative practices, and cultural insights. These will broaden our understanding of nutrition and dietetics and develop effective strategies to promote health and well-being.

Lastly, I would like to express my deepest gratitude to all the members who have dedicated their time, energy, and expertise to the International Affiliate. Many thanks to our Board of Directors and Leadership Team for their voluntary work, dedication, creative ideas, and enthusiasm. As we embark on another year of growth and collaboration, let us remain united in our pursuit of excellence. Together, we can foster positive change, improve the health and well-being of individuals globally, and create a better future for generations to come.

Thank you for being part of IAAND. I look forward to a year filled with impactful collaborations, shared knowledge, and meaningful achievements.

Ahlam Badreldin El Shikieri, PhD, MBA, CPHN, CCNutr

Free Webinars

If you missed any of our previous webinars you can access this website to watch them!

Bringing Together Nutrition Experts: IAAND Mini-Grant Facilitates Successful Local Meet-Up in Venezuela

By Pablo Hernandez, MS, LND, DA Spc

On March 29, Venezuela's Country Representative Pablo Hernandez hosted the first local meeting of the International Affiliate of the Academy of Nutrition and Dietetics in Venezuela. This event was made possible by the IAAND mini-grant for local meet-ups. The meeting took place at the Central University of Venezuela, the most important public university in Caracas, the capital city of Venezuela.

The convocation was a resounding success, with the participation of over 25 professionals from diverse backgrounds. Meeting and learning from each other's professional experiences was truly enriching. The group comprised a diverse mix of nutrition students, researchers, professors, and nutritionist-dietitians with varied specializations including social media, sports nutrition, clinical nutrition, and public health. Their collective expertise made for an exciting and inspiring gathering of professionals.

During the meeting, there were several presentations and discussions on various topics related to nutrition and dietetics. One of the presentations was on the importance of incorporating traditional foods into the modern diet. The speaker emphasized that traditional foods are often more nutrient-dense and culturally significant. Another presentation focused on the role of social media in promoting healthy eating habits.

Attendees also had the opportunity to network and share their own experiences and expertise. Some participants discussed their research on the correlation between nutrition and mental health. In contrast, others shared their experiences working with athletes and sports teams.

The IAAND mini-grant for local meet-ups provided an excellent opportunity for nutrition and dietetics professionals in Venezuela to come together and share knowledge. The success of this event highlights the importance of professional development and networking opportunities for nutrition professionals in Venezuela and around the world.

Biography

Licensed Nutritionist-Dietitian from the Central University of Venezuela, with a Master of Science in Nutrition from the Simon Bolivar University, and data analysis specialist from the UCV. Pablo is the Country Representative of Venezuela for the International Affiliate of the Academy of Nutrition and Dietetics. Currently, he works as a Professor of Human Nutrition at the Nutrition and Dietetics School, Faculty of Medicine, UCV. He is a member of the 5 a day Venezuela “5 al día Venezuela” foundation and the Venezuelan health observatory. Also, he is the editor for the Directory of Open Access Journals. His research lines are food security, food consumption, nutritional diabetes education and prevention of non-transmissible diseases.

Country Representatives Corner: 4th Quarter FY 2022-2023

Compiled and edited by Country Representative Chair Rupal Shah, MS, RD, CDE

Thank you IAAND members for taking the time to read the following summaries of the reports submitted by our CRs. Below is a compilation of both their IAAND involvement and personal or professional work that they participated in during the 4th quarter of FY 2022-2023. Their work ranges from answering IAAND members and non-members about nutrition or the practice of dietetics in different countries to work-related activities practiced daily as part of their professional development. Feel free to reach out to any of the CRs if you find their work interesting, have questions about their country, or have questions about anything found in their report. Their contact information can be located on this website.

As this wraps up the 4th quarter of the prior fiscal year, I would like to take this time to give a big thank you to all of the CRs mentioned below that have just finished their three-year term.

- Hongkong (Michelle Lee and Macy Chow)
- Italy (MartaParlanti Rahm)
- Malaysia (Siew-Lan Ng)
- Philippines (Zhenie Velasco)
- Switzerland (Louise Ann Pollard)
- United States (Marino-Costello Elizabeth)
- Military Overseas (Lauren Brandl)
- Lebanon (Rafika Ghrawi)
- Lao PDR (Rosemary Doerner)
- Jordan (Dana Mughrabi)
- Egypt (Sara Elsaied)
- China (Chen Du)

Although they may not be the CRs anymore, they are still valued members of our organization. The good news is that for many of these countries we have new CRs taking over the position. Stay tuned for the next issue of the ePassport where they will be providing their reports and updates on their countries.

Barbados (Sade Haynes)

Invited to attend a webinar hosted by the Dietitians of Barbados for the nutrition month partially funded by the IAAND CR Local Meeting Mini-Grant. Presented about IAAND, benefits of the membership and how to join

during the “Food as Medicine” webinar on March 30. Nutrition professionals celebrated Nutrition Month 2023 under the theme “Creating Healthy Food Environments.” National Nutrition Centre hosted a conference and launched their website. The Barbados School Nutrition Policy was implemented at the beginning of the third term of the current school year.

Czech Republic (Victoria Hawk)

Nothing to Report.

Ecuador (Maria Gabriela Cucalon, known as Gaby)

A carbohydrate book by ispad chapter Ecuador will be soon published. Going to conduct three talks at the National and International Congress about clinical nutrition, metabolism and pediatric nutrition.

Ghana (Ivy Frimpong)
Sent personal reminders to two dropout members about renewing their membership. Conducted mini-Q&A with members about the upcoming FNCE programs. Discussed the process of becoming IAAND members with prospective members. Answered to a question asked by a dropped member regarding her membership renewal for 2023. Non-planned discussion with a few nutrition professionals about IAAND and the processes and benefits of becoming an IAAND member. Currently working on a doctoral dissertation on the novel clustering of diabetes in Ghana.

Hong Kong (Macy and Michelle)
Nothing to report.

India (Sohini Shah)
Answered a request received from a member.

Italy (Marta Rahm)
Contacted IAAND members in Italy to seek new applicants for CR Position.

Japan (Shinta Nishioka)
Sent information on registration and abstract submission for the 2024 International Congress of Nutrition and Dietetics taking place in Toronto. Responded to the inquiries from two RDs in the US who were seeking job opportunities and the process of obtaining Japanese-accredited registered dietitians. Responded to the inquiries from an RD in Japan who is interested in becoming an IAAND supporting member. The interested supporting member found the CR information in an article, which introduced IAAND’s

activities published in a Japanese journal in January 2023.

Spain (Susan Burke)
Connected with two students via IAAND to understand how to move to Spain, find a great paying job, and become fluent in Spanish. Suggested them to check out also other Spanish-speaking countries like Ecuador and Colombia because their work requirements may make it easier to obtain employment. Answered a request from a student, who was not a member of the Academy of Nutrition and Dietetics from NY and was working on licensure in NY. Published a spotlight article in Global MIG newsletter.

Sweden (Liliana Löderup)
Published an article in IAAND newsletter about Ylva Orrevall being awarded as “Dietitian of the Year in Sweden.” Two of her professionally clicked photographs were selected for two digital international photo magazines. Did a press release for a web-based news channel on anti-inflammatory and FODMAP diets.

Switzerland (Louise Pollard)
Conducted a presentation for RDs travelling in Europe in May. Answered a request for advice on working as a dietitian in Switzerland. Handover assistance to incoming CR Switzerland.

Taiwan (Janet Malanga)
Toured a tea farm and tea processing facility in the Nangang District of Taipei in Taiwan. Attended a Thai cooking demonstration co-coordinated by the Taiwan Ministry of International Affairs and the Thai Trade Office in Taipei.

United Arab Emirates (Dania Jukaku)
Sent a welcome email to new members. Shared webinars and conferences with members on WhatsApp group. Responded to an inquiry about purchasing the Nutrition Care Manual on the Academy website. Responded to an inquiry about the Academy and IAAND membership on LinkedIn. Also encouraged members to introduce themselves and their practice area on the WhatsApp group.

Venezuela (Pablo Hernandez)
CR is the only member of Venezuela at this moment. Hosted on March 29 the first local meeting of IAAND in Venezuela with more than 20 attendees. This event was made possible by the IAAND mini-grant for local meet-ups. Promoted as a volunteer editor for the Directory of Open Access Journal.

Connect with IAAND Members

Have you joined the IAAND Google Group yet? Click here to sign up!

- Connect with IAAND members around the world
- Ask questions of other nutrition experts
- Share resources and insights with your peers

Questions? Email us!

Save the Dates: Upcoming Conferences and Events

Kids Kitchen Club Challenge, Institute for Food, Nutrition, and Health

Virtual submissions, deadline on July 10, 2023

Global Malnutrition Composite Score Townhall Meeting, Commission on Dietetic Registration (CDR)

Virtual, August 3, 2023

WCMN 2023 3rd World Congress on Medical Food and Nutrition

Dubai, United Arab Emirates, August 3-5, 2023

ESPEN 45th Congress on Clinical Nutrition and Metabolism

Lyon, France, September 11-14, 2023

Food & Nutrition Conference & Expo (FNCE)

Denver, Colorado, October 7-10, 2023

Sociedad Latinoamericana de Nutrición (SLAN)

Cuenca, Ecuador, October 22-26, 2023

12th Cyprus Dietetic & Nutrition Association Conference and Expo
Nicosia, Cyprus, December 1-3, 2023

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.