ePassport

International Affiliate of the Academy of Nutrition and Dietetics

an affiliate of the Academy of Nutrition and Dietetics

March 2023

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Hello IAAND Community,

We hope that you and your loved ones are all safe and healthy.

If you would like to share any nutrition news or updates, please feel free to send us an email.

Thank you for your continued interest and support.

Marise Abboud, LD
IAAND's ePassport Editor, 2021-2024

Message from IAAND's President

Dear IAANDites,

Greetings from Chennai, India, and sending my birthday greetings to all our Aries members.

Last March, our country representatives contributed amazingly for the National Nutrition Month!

I will keep my message short as in the past 15 days the influenza wave that is sweeping Chennai and India successfully caught me and threw me out of circulation. My recovery has been rather slow, physically still fatigued, and the brain fog cleared after almost two weeks but I wanted to mention the efforts made during this year's National Nutrition Month.

Looking forward to more contributions, inspiring messages and stories coming from all of our 79 member countries.

Varsha, PhD, MS, RD, CCN, CNIS

Free Webinars

Join us on Tuesday, April 4 for the free webinar "The Science of Soy: Distinguishing Fact from Fiction."

The health effects of soy foods and soybean components such as isoflavones have been rigorously investigated the past 30 years. More than 40,000 soy-related articles have been indexed in PubMed during this time. Even with this dearth of research, questions arise about soy such as “does soy affect my hormones?,” “what’s the deal with soy and breast cancer?,” and “can I be allergic to soy?”

Join IAAND on **Tuesday, April 4 at 8:00 a.m. (Central Daylight Time)** where in this webinar Mark Messina, PhD, MS, will share the science on these soy topics and more to help distinguish fact from fiction. In addition, Jancey Hall from the Kansas Soybean Commission will provide an overview of soybean farming in the United States. She’ll discuss sustainability efforts and innovation on the farm.

Participants will earn 1 CPEU for their attendance, so don’t delay and register for this FREE webinar today!

As always, if you missed any of our previous webinars you can access this website to watch them!

Country Representatives Corner: 3rd Quarter FY 2022-2023

Compiled and edited by Country Representative Chair Rupal Shah MS, RD, CDE, UGC NET Qualified

I would like to share with you that this will be my last contribution to IAAND’s ePassport in terms of compiling the country representative reports as I complete my three-year term in May 2023. It has been a pleasure serving in this role and getting to work with so many amazing CRs over the years. We have seen these volunteers grow both professionally, personally, and as IAAND leaders over the years. It is a strong team and I look forward to seeing what great things they will do within their countries, the Academy of Nutrition and Dietetics, and IAAND in the future.

Lastly, thank you to everyone who has supported the CR program over the past few years. I am excited to turn over such an exciting group of CRs to the new CR Chair, Melisa Karabeyoglu.

- Rupal Shah

Thank you IAAND members for taking the time to read the following summaries of the reports submitted by our CRs. Below is a compilation of both their IAAND involvement and personal or professional work that they participated in during the 3rd quarter of FY 2022-2023. Their work ranges from answering IAAND members and non-members about nutrition or the practice of

dietetics in different countries to work-related activities practiced daily as part of their professional development. Feel free to reach out to any of the CRs if you find their work interesting, have questions about their country, or have questions about anything found in their report. Their contact information can be located on this website.

Argentina (Jessica Lorenzo)
Emailed all IAAND Argentina members and gave a brief description about the CR position.

Barbados (Sade Haynes)
The Ministry of Education, Technological and Vocational Training in Barbados launched the Barbados School Nutrition Policy to be implemented in the third term of the current school year. The policy encompasses the food services and physical activity environments, school curriculum, school health and nutrition services, health promotion for the school community and school recognition.
The theme for the March 2023 Nutrition Month that was celebrated in Barbados was "Creating Healthy Food Environments."

Ecuador (Maria Gabriela Cucalon, known as Gaby)
Responded to an IAAND member who reached out for contributing to the research paper. Answered a request from an IAAND member about the nutrition traditions in Ecuador. Published a chapter in a book, Muscogiuri, G. et al. (2023). Environmental Impact on Metabolism. In: Pivonello, R., Diamanti-Kandarakis, E. (eds) Environmental Endocrinology and Endocrine Disruptors. Endocrinology. Springer, Cham.

Canada (Rim Mouhaffel and Nadine Moukheiber)
Sent welcome emails to new members and reached out to dropped out members. Answered a request from an RDN in USA about telehealth consultation for a client in Canada. Completed a course on pediatrics nutrition from Dietitians of Canada. Completed a course about small intestinal bacterial overgrowth and irritable bowel syndrome. Started a position as a dietetics intern supervisor and mentor at University of Montreal, specialized in clinical nutrition for digestive health, hormonal health, and eating disorders.

Colombia (Eva Weston)
Using CR mini grant award to put together the first IAAND and PUJ Colloquium. The topic is fuel for the future, eating with sustainability in mind. Participated as a speaker at a local school and gave a lecture about healthy eating.

Czech Republic (Victoria Hawk)
Nothing to report.

Georgia (Khatia Nanobashvili)
Reached out to an endocrinologist with a special interest in the nutrition field and he is keen on joining IAAND.

India (Sohini Shah)
Answered a request from Laura Leach, found via the IAAND website regarding NHS research work. Forwarded it to the CR Chair for further communication.

Jamaica (Dr Christine Fray)
Sent out an introductory email in December 2022 as the new IAAND CR for Jamaica. Emailed on December 17, 2022 concerning recruitment for the IAAND e-global mentorship/collaborator program. Received a research grant of 105,000 USD from the Sexual Violence Research Initiative. The title of the research project is "Play, Talk, Change - Digital and Creative Technologies for the Engagement of Youth in Preventing Child Sexual Abuse in Jamaica." Working as Country director of None in Three Research Centre Jamaica and the Principal Investigator of this project.

Japan (Shinta Nishioka)
Sent out a new year message and published information about the Academy and IAAND in a popular magazine for 23 people on January 4. Reached out to IAAND Japan members who are interested in cooperating to develop Japan specific dietary quality questionnaires. Developed the Japan specific DQQ requested from former CR New Zealand. Answered a request about a job

opportunity information in Japan from an RD in the US. Published an article about the 8th Asian Congress of Dietetics on IAAND's newsletter, ePassport on January 24.

Malaysia (Siew-Lan Ng)
Nothing to report.

Pakistan (Ayeza Umar)
Reached out to IAAND Pakistan members via WhatsApp group. Responded to a student member who joined IAAND in this quarter. Presented in CPD session in December 2022 on immunonutrition organized by Nestle Health Sciences. Presented in February 2023 another CPD session on Fluid and Electrolytes Management in Islamabad.

Singapore (Verena Tan)
Participated in Singapore Nutrition and Dietetics Association for Continuing Education events.

Spain (Susan Burke March)
Sent an email to all IAAND members in Spain regarding upcoming IAAND webinars. Connected over a zoom call with an interested dietitian and explained to him about the possibility of working as a dietitian in Spain. Signed up for the IAAND e-global collaborator/mentorship program. Presented about "Valencia: Nutritional Truths and Myths" to the International Women's Club.

Switzerland (Louise Pollard)
Answered a request about a presentation for RDs traveling in Europe in late Spring. Also, answered another member that reached out via IAAND website for advice on setting up a nutrition business in Switzerland. Practicing as a certified intuitive eating counsellor specializing in women and family health.

Sweden (Liliana Löderup)
No IAAND PR networking this quarter. Completed the "Integrative and Functional Nutrition" course offered by the Academy. Joined the "Universe of Color Photography" and "NOIR Black and White Photography" clubs. Awarded "Best of the Week" certificate for my pictures in January and February. Two of my photos were also featured in UCP and NOIR International Photo Magazine.

Taiwan (Janet Malanga)
Attended the Healthcare+ Expo at the Nangang Exhibition Center. Conducted a cooking class in Luang Prabang, Laos at the Tamarind Restaurant and Cooking School.

Turkey (Nur Gizem Seber Bozdogan)
Turkey witnessed a big earthquake on February 6, 10 cities completely destroyed and more than 40,000 people died and 13 million were left homeless. Conducting a study on emotional eating after the Kahramanmaras earthquake. In association with the Turkish Education Foundation, organized a training for professionals and collected scholarships for earthquake-affected nutrition and dietetics students.

United Arab Emirates (Dania Jukaku)
Sent a welcome email to three new members. Shared webinars and conferences information with members on WhatsApp group. Encouraged IAAND UAE members to introduce themselves and their practice area on WhatsApp group.

United Kingdom (Charmain Tan)
Sent a welcome mail to a new member. Answered multiple requests about regulation of the RD title in the UK, credential-related questions, dietetics certifications in UK, and international telehealth requirements. Found via the Academy and IAAND website. Used the KERI mini-grant to develop a brochure "Healthy Snacking in a Nutshell." Tested the brochure with families in the UK, recently arrived from Hong Kong. It can be used with Chinese families in any country. This bilingual resource both as a PowerPoint and activity is available on IAAND's website.

Venezuela (Pablo Hernandez)
Received the "CR Local Meet Up Mini Grants" award. Answered a local student inquiry about the Academy activities. Published the following articles:

1. Exploring food security/insecurity

determinants within Venezuela's complex humanitarian emergency. Dialogues in Health.
2. Contribution of Proteins to the Latin American Diet: Results of the ELANS Study. Nutrients.
3. Contribution to the transformation of the Venezuelan Food System through action track 2: Sustainable consumption modalities. Agroalimentaria.
4. Part of the research team of the project "Determinants of fruit and vegetable consumption in a sample from the Capital Region of Venezuela" research carried out with the support of the Venezuelan Academy of Physical, Mathematical and Natural Sciences.

Connect with IAAND Members

Have you joined the IAAND Google Group yet? Click here to sign up!

- Connect with IAAND members around the world
- Ask questions of other nutrition experts
- Share resources and insights with your peers

Questions? Email us!

A Call for Volunteers With IAAND

New opportunities to explore and experience await you!

Being a volunteer with IAAND is a wonderful opportunity to connect with nutrition professionals around the world, build your resume, strengthen your leadership skills, and connect with a fun group of like-minded professionals.

We are constantly looking for volunteers! If you are ready to join our team, please fill out this application form which should take less than 5 minutes.

Save the Dates: Upcoming Conferences and Events

ASPEN 2023 Nutrition Science & Practice Conference
Nevada, US, and Virtual, April 20-23, 2023

Obesity for Pediatrics and Adults, Commission on Dietetic Registration (CDR)
Live Virtual Program, May 2-3 and 9-10, 2023

Dietitians Unite 2023
Melbourne, Australia, May 12, 2023

Today's Dietitian 10th Annual Spring Symposium
Georgia, US, May 14-17, 2023

Dietitians of Canada National Conference

Montreal, Canada, and Virtual, May 25-26, 2023

WEON 2023 Dutch Society for Epidemiology Conference
Rotterdam, the Netherlands, June 22-23, 2023

WCMN 2023 3rd World Congress on Medical Food and Nutrition
Dubai, United Arab Emirates, August 3-5, 2023

ESPEN 45th Congress on Clinical Nutrition and Metabolism
Lyon, France, September 11-14, 2023

Food & Nutrition Conference & Expo (FNCE)
Denver, Colorado, October 7-10, 2023

Sociedad Latinoamericana de Nutrición (SLAN)
Cuenca, Ecuador, October 22-26, 2023

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.

New Members and Supporters

IAAND would like to give a warm welcome to our new members and supporters:

AUSTRALIA
Liliana Botero

CANADA
Kristen Fleet

GUATEMALA
Gabriela Montenegro Bethancourt

HONG KONG
Ka Fai Au

SAUDI ARABIA
Saja Bukhari

SINGAPORE
Norma Sit

UNITED ARAB EMIRATES
Alzahraa Alchaar

UNITED STATES
Fabiana Irigoyen
Micheal Grochocki
Romina Hinojosa Cruz
Patricia Kellogg
Catherine Rall
Jemima Meyer

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