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Hello IAAND Community,

We hope that you and your loved ones are all safe and healthy.

If you would like to share any nutrition news or updates, please feel free to send us an email.

Thank you for your continued interest and support.

Marise Abboud, LD
IAAND's ePassport Editor, 2021-2024

Message from IAAND's President

Dear IAANDites,

Greetings from Chennai India, and sending my birthday greetings to all our Libran members.

I would like to start by welcoming our new Executive Director Amy

A gentle reminder to all, there are two exciting events happening at FNCE this year:

1. Collaborative session of IAAND with INDMIG: “Preserving Kidney Function with Cultural Plant-Based Foods: A Global Collaboration.”

2. The Academy of Nutrition and Dietetics FNCE session: funded each year by “Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management.” This session focuses on a global topic each year, and this year its focus is on IAAND (yes we are centerstage!) with Academy President-Elect Lauri Wright and Past-President Susan Borra as the speakers.

Once again, I am delighted and excited to report that our Strategic Planning Exercise has been successfully completed and approved by the Board of Directors and Leadership Team! It was a learning experience for most of us on the task force, and with that, I want to thank IAAND’s House of Delegates Representative Esther Myers, Past-President Maria Bovill, President-Elect Ahlam El Shikieri, Past-BOD member Naomi Trostler, Non-LT IAAND member Prajakta Khare, and LT Media Representative Karla Padrelanan for their outstanding efforts. I am encouraged to believe that the implementation of the plan would take IAAND forward exponentially, especially with the contributions of every IAAND member.

It is exciting interactive times ahead.

Varsha, PhD, MS, RD, CCN, CNIS

Free Webinars

If you missed any of our previous webinars, you can access this website to watch them!

Country Representatives Corner: 1st Quarter FY 2022-2023

Compiled and edited by Country Representative Chair Rupal Shah, MS, RD, CDE and Country Representative Chair Elect Melisa Karabeyoglu, MS, RDN, CDN

Thank you IAAND members for taking the time to read the following summaries of the reports submitted by our CRs. Below is a compilation of both their IAAND involvement and personal or professional work taking place during the 1st quarter of FY 2022-2023. Their work ranges from answering IAAND members and non-members about nutrition or the practice of dietetics in different countries to work-related activities practiced on a daily basis as part of their professional development. Feel free to reach out to any of the CRs if you find their work interesting, have questions about their country, or have questions about anything found in their report. Their contact information can be located on this website.

Argentina (Jessica Lorenzo)

on her thesis to get a PhD degree research fellow at the Italian Hospital of Buenos Aires about sarcopenia as the research topic.

Barbados (Sade Haynes)
Nutrition professionals in Barbados launched on July 15 the Dietitians of Barbados organization. DB is the first local professional organization for registered dietitians and students majoring in human nutrition and dietetics, and international membership is available.

Canada (Rim Mouhaffel and Nadine Moukheiber)
Answered questions from an RD in the US about the need for any special or specific requirements to perform a telehealth interview and counseling with a person in Canada. Also, shared job opportunities in Canada. Answered a request received from an RD in Nigeria about steps to practice as an RD in Canada.

Colombia (Eva Weston)
Held a quarterly in-person meeting in July where three IAAND members and three local networking professionals attended. Also, met with an RD friend from Brazil who lived in Columbia for several years that moved to Finland this month. To complete the request for the IAAND FNCE feature presentation, went to breakfast with Columbian locals and learned about the breakfast foods in the varying regions of Colombia, collected information and photos from another RD in Columbia regarding her dietetic students, and obtained information on networking regarding sustainable food systems. Two members from Columbia will be attending FNCE in Orlando.

Cyprus (Elina Angastinioti)
Attended ESPEN 2022 with some IAAND members from Cyprus.

Ecuador (Maria Gabriela Cucalon)
Answered requests regarding the COVID-19 virus, special Ecuadorian traditions, local spices consumption, university exchange program, and RD requirements in Ecuador. Planning to promote IAAND with a new local organization in Ecuador that has been elected for the Guayas Local Nutritionist Association (ANUG). Presented a poster at ESPEN 2022 on an Ecuadorian study about eating disorders in university students. Presented at a Diabetes

GHANA (IVY FRIMPONG)
Sent a message to IAAND members in Ghana to urge the dropped members to renew their membership for 2022. Additionally, called a number of other members to renew their membership.

India (Sohini Shah)
Practicing as a nutrition consultant for a school and a pre-school. Helped the food service team to balance the school breakfast and lunch program nutritionally. Contributed to a local, bi-monthly women-centric magazine for four years writing articles on Nutrition.

Lebanon (Rafika Al Ghrawi)
Contributed to IAAND reception presentation at FNCE about what Dietitians in Lebanon are doing. Started a master's in Public Health at the American University of Beirut.

Malaysia (Siew-Lan Ng)
Contacted by a non-member through email to request information about obtaining the RD credential in Malaysia.

Singapore (Verena Tan)
Practicing as Program Leader of the Bachelor of Science (Hons) Dietetics and Nutrition program at the Singapore Institute of Technology, an autonomous university in Singapore offering the first and only 4-year dietetics undergraduate degree program in Singapore.

Susan Burke March (Spain)
Met IAAND's CR for the Netherlands on July 23, and connected with an IAAND member in Amsterdam. Connected with an RD through Facebook and met her while she was in Valencia for a month. Worked on a presentation titled "International Students: Steps to becoming a Registered Dietitian Nutritionist" to Spanish nutrition students. The Spanish government is aiming to massively reduce the 1,300 tonnes of food wasted every year in Spain, 31kg per person according to data from 2020. It is not common practice for restaurant diners to take home leftovers, but proposed new national regulations require restaurants to provide take-away containers. Also included in

also have to submit plans for donating food before it passes its best before date, as a priority. When items are no longer safe for human consumption, the government has said they should first be used for animal feed and then for other industries such as the production of biofuels. For individual citizens, the government has acknowledged that much of the problem occurs in homes. Across the EU, 53% of all food waste is thought to happen at the consumer level. Instead of fines, however, Spain is relying on educational campaigns to change domestic behavior (Frost, 2022 Euronews).

Sweden (Liliana Löderup)

Contacted by past CR for Sweden to learn about the tasks related to the CR position. Contacted all IAAND members in Sweden to see if they could assist with contributions for FNCE. IAAND Member Ylva Orrevall provided a list of publications regarding the use and implementation of the Nutrition Care Process and Terminology where she collaborates with the international dietetic community on "The International Nutrition Care Process and Terminology Implementation Survey" project. Provided various pictures with a brief explanation of a traditional Swedish breakfast to be shared at FNCE. Shared valuable NCPE information to colleagues at work that we had the pleasure to get from Ylva Orrevall. Connected with an employee from Silver Fourchette a French organization related to nutrition for the elderly, with a mission to raise awareness of the claim "Eating well, aging well." Started a course on how to further improve mentoring for dietetic students.

Switzerland (Louise Anne Pollard)

Received two requests regarding job opportunities for practice in Switzerland.

Taiwan (Janet Malanga)

Attended a private luncheon with other community tasters to evaluate menu items prior to a restaurant launch. The restaurant will serve traditional Taiwanese Pan Toh cuisine, which is not well-known abroad. Received an email about the completion of the Taiwan Quick Guide survey from the President of the Taipei chapter of the Taiwan Dietetics Association. Sent an annual welcome email to all IAAND members in Taiwan. As part of the project to showcase Taiwan at

accomplishments of an IAAND member in Taiwan, and provided a photo of the president of the Taipei Dietetics Association holding one of her shelf stable, pureed, ethnic appropriate, Chinese meals she developed for the care of elderly patients with sarcopenia at home. Also, sent a reminder to sign up for FNCE early enough to get the discount.

Turkey (Nur Gizem Şeber Bozdogan)
Nothing to report.

Venezuela (Pablo Hernandez Rivas)
Attended IAAND's CR Chair requests about the CR report, conflict of interest, the media directory, and contribution to the FNCE reception. Approved the course "Digital Alternatives to enhance the Teaching-Learning process" by the Catholic University "Andrés Bello" in Caracas, Venezuela. Concluded my activities as Associate Editor of the Journal "Revista Digital de Postgrado" of the medicine faculty at the Central University of Venezuela. Published the article "Methodology for adding glycemic index values to a Venezuelan food composition database" in the "Measurement: Food" journal. Gave an interview for "Foco informativo" a digital media on the topic "Nearly two million Venezuelan children suffer from malnutrition."

8th Asian Congress of Dietetics 2022: Yokohama, Japan

The Congress was held from August 19 to 21 at the Pacifico, Yokohama with 1,137 delegates coming from 17 countries. The Organizer was the Japan Dietetic Association in collaboration with the Asian Federation of Dietetic Associations. The theme of the Congress was "Realizing a sustainable healthy society for a bright future in Asia to resolve malnutrition caused by poverty and misinformation complicating the nutritional problems in Asia."

Teiji Nakamura PhD, RD, and president of the Japan Dietetic Association served as the chair of the organizing committee and rallied the Asian countries to come together and make innovations in nutrition and dietetics. The young dietitians also had a voice in this

The highlight of the Congress was the signing of the Yokohama Declaration by member countries to foster health, happiness, and peace on August 21.

Yokohama Declaration:

1. Nutrition is the foundation for achieving the sustainable development goals or SDGs, not only in health, but also in education, labor, gender, the economy, and the environment.
2. The elimination of malnutrition is essential for the health and well-being of all people.
3. Eliminating malnutrition will require sustainable nutritional improvements as well as emergency food and economic assistance.
4. To promote science-based nutritional improvement, nutritional science should develop practical research.
5. Education and training of dietitians as leaders in nutritional improvement and the establishment and development of a dietetic system in line with international standards are also important.
6. In order to achieve the above objectives, further Asian and international cooperation and collaboration will be necessary in the future.

Event: The signing of the Yokohama Declaration 2022

The 9th Asian Congress will happen in 2026 in Mumbai, India, and will be hosted by the Indian Dietetic Association.

Click here to view the references.

Biography

Zenaida Velasco is a retired faculty member of the Department of Nutrition and Dietetics at the University of Santo Tomas. She is the current national president of the Nutritionist-Dietitians' Association of the Philippines, CEO of the Nutrition and Emotional Wellness Center which pioneered the First Live-in Spa in the Philippines, and AFDA's secretary general for 2022 to 2026. An international facilitator of the John Robert Powers International, and a media spokesperson, writer and author.

Presenting at FNCE? Let us Promote You!

IAAND would like to highlight all of our members who are presenting at FNCE. Please complete this form for inclusion.

IAAND International Reception

Join fellow IAAND members for a fun reception highlighting IAAND efforts, socialize with friends old and new, and enjoy light refreshments!

Date: Saturday, October 8
Time: 7-9 p.m.
Hotel: Hyatt Regency Orlando
Room: Barrel Spring

IAAND Breakfast

Please join us for our breakfast with IAAND board members prior to morning sessions. Each person is responsible for their own check.

Date: Monday, October 9
Time: 7-9 a.m.
Location: Keke's Breakfast Café
Address: 7512 Dr Phillips Blvd, Orlando, FL 32819

White House Conference on Hunger, Nutrition and Health: Academy of Nutrition and Dietetics Follow Up

Join Academy President Ellen Shanley on Thursday, September 29 from 1-2 p.m. (Central Time) for a member town hall to discuss important outcomes and next steps from the historic White House Conference on Hunger, Nutrition and Health.
Register today and submit your questions in advance for the discussion. Before you join the conversation on September 29, review the recommendations the Academy submitted to the White

development of the conference, click here.

A Call for Volunteers With IAAND

New opportunities to explore and experience await you!

Being a volunteer with IAAND is a wonderful opportunity to connect with nutrition professionals around the world, build your resume, strengthen your leadership skills, and connect with a fun group of like-minded professionals.

We are constantly looking for volunteers! If you are ready to join our team, please fill out this application form which should take less than 5 minutes.

Spring Symposium Recording

The Spring Symposium Recording Is Now Available!

The International Affiliate of the Academy of Nutrition and Dietetics, Dietitians in Integrative and Functional Medicine and Vegetarian Nutrition Dietetic Practice Groups Spring Symposium Collaboration – **The Intersection of Culture and Nutrition: Our role in DEI and Sustainability in Dietetics** is now available to purchase through the Eat Right Store starting at 10 USD for students and 39 USD for members.

The covered topics include “Integrative Medicine for All,” “Plant-Based Diets, Sustainability and Transforming Healthcare,” “Spice Up Your Meals with Ayurvedic Wisdom,” and a panel discussion on “Working Together to Create a New Future: Creating a Call to Action for the Dietetics Profession.”

Check this link for more information or to purchase.

Save the Dates: Upcoming Conferences and Events

Food & Nutrition Conference & Expo (FNCE)

Florida, USA and Virtual, October 8-11, 2022

International Diabetes Federation Congress (IDF)

Lisbon, Portugal, and Virtual December 5-8, 2022

International Congress of Nutrition

Tokyo, Japan, December 6-11, 2022

American Society of Nutrition (ASN) Nutrition 2022

Virtual Webinars, through December 31, 2022

Sociedad Latinoamericana de Nutrición (SLAN)

Cuenca, Ecuador, October 22-26, 2023

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.

New Members and Supporters

IAAND would like to give a warm welcome to our new members and supporters:

AUSTRALIA
Rowan Stewart

BAHAMAS
Raven Simms

BRAZIL
Luciana Boscariol

CANADA
Ryan Barnett
Alaa Chahrour
Carole Chatalalsingh-H
Melissa Fernandez
Mary Jane Hussey
Gordon Ly
Elizabeth Mansfield

DENMARK
Sofie Wendelboe

EL SALVADOR
Kennia Salazar

GERMANY
Arandeep Dhanjal Degun

JAPAN
Tetsuya Hirano
Victoria Jarzabkowski
Yoko Uehata

PHILIPPINES
Miriniza Balatbat

SAUDI ARABIA

Fahad Al Anazi

Amjad Al Juhani

Abeer Al Mudaihim

Esraa Hariri

SINGAPORE

Chengsi Ong

SOUTH AFRICA

Nicola Cumming

Kelly Gruber

THAILAND

Kamon Chaiyasit

UNITED ARAB EMIRATES

Asia Al Belooshi

UNITED STATES

Naana Adjei

Luciana Ambrosi

Kristen Bischoff

Eduardo Covarrubias

Luciana Da Silva Garcia

Jennifer Finch

Catherine Hayden

Marianella Herrera De Franco

Yael Joffe

Susana Kury

Joy Lewis

Lacey Mauritz

Rosa Okafor

Melissa Russell

Emily Senasu

Lydia Villalobos

Luciana Soares

IAAND on Facebook IAAND on Twitter IAAND on the Web

IAAND Mission is…
Empower members though professional development and promote international collaboration in the global nutrition and dietetics community

IAAND envisions a future where there is …
A global community of dietitians engaged in food and nutrition related health initiatives with diverse populations

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