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June 2022

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Message from the Editor

Hello IAAND Community,

We hope that you and your loved ones are all safe and healthy.

If you would like to share any nutrition news or updates, please feel free to send us an email.

Thank you for your continued interest and support.

Marise Abboud, LD
IAAND's ePassport Editor, 2021-2024

Message from IAAND's President

Dear IAANDites,

June is a great month having its share of celebrations and holidays including the celebration of the USA Flag Day, but it also means “young” in Latin.
Being the sixth month of the year, it is usually considered the “first”

2023. From that, I would like to welcome the new International Affiliate of the Academy of Nutrition and Dietetics BOD and LT that took charge this June and will be carrying forward the mission and vision of IAAND!

Additionally, FNCE is returning this year in its in-person form. The following months will truly be exciting and interactive times, and I hope to see you all at the IAAND Reception in Orange County Convention Center, Orlando, Florida, USA.

Varsha, PhD, MS, RD, CCN, CNIS

Free Webinars

If you missed any of our previous webinars, you can access this website to watch them!

Compiled and edited by Country Representative Chair: Rupal Shah, MSc, RD, CDE

Thank you IAAND members for taking the time to read the following summaries of the reports submitted by our CRs. Below is a compilation of both their IAAND involvement and personal or professional work taking place during the 4th quarter of FY 2021-2022. Their work ranges from answering IAAND members and non-members about nutrition or the practice of dietetics in different countries to work-related activities practiced on a daily basis as part of their professional development. Feel free to reach out to any of the CRs if you find their work interesting, have questions about their country, or have questions about anything found in their report. Their contact information can be located on this website.

Barbados (Sade Haynes)
Nutrition professionals in Barbados celebrated Nutrition Month in May 2022. The theme of the month was “Good Nutrition without Boundaries.” At the beginning of the month, the Healthy Eating Guide for Barbados was launched and is available online to download. Public health promotion messages were broadcasted on radio and social media. Primary and secondary school students were also invited to participate in an essay and poster competition.

Canada (Rim Mouhaffel and Nadine Moukheiber)
Sent an email to welcome new members and dropped-out emails to those who left IAAND. Received one request from a former CR of Saudi Arabia (2015) inquiring about collaborators from Canada for a dietetic project. Networking was not feasible due to the pandemic’s 6th wave. Attended pre-recorded webinars from FNCE 2021 virtual event on systems thinking, sustainable diets, and addressing nutrition equity. Presented about Ramadan, fasting, and nutrition to increase cultural competence at the workplace.

Cyprus (Elina Angastinioti)
Attended an event that was hosted for celebrating the Pancyprian Healthy Diet day. Able to network and meet a lot of IAAND members.

India (Rupal Shah)
Sent out a welcome email to new members. Notified open position of CR India to all Indian IAAND members and connected over a zoom call with the selected CR of India. Wrote an article for an Indian newspaper on FAD diets and gave a small talk on Diabetes awareness for a virtual awareness series. Answered an inquiry from Italy regarding ayurvedic courses in India. Attended a Nutrition Bootcamp held in Mumbai by ISPEN.

Japan (Reiko Hashimoto)
Scheduled a training meeting with the new CR of Japan.

Malaysia (Siew-Lan Ng)
Nothing to report.

Sweden (Maria Gustafsson)
Connected with a member who will be the new CR of Sweden. Two individuals in Facebook groups were directed to IAAND for inquiries about working in other countries.

Switzerland (Louise Pollard)
A request to virtually meet from CR Turkey, and an inquiry regarding presenting in Switzerland as an RD not registered in Switzerland via IAAND.

Taiwan (Janet Malanga)
Contributed to the "World of Flavors" a National Nutrition Month project highlighting the top three ingredients used in preparing Taiwanese food. Completed the IAAND Quick Guide survey for Taiwan. Emailed Taiwan IAAND members about multiple position openings on the IAAND leadership team. Attended the Taipei International Bakery Show at the Taipei Nangang Exhibition Center. Gave a speech on weight loss at the American Club Taipei together with Jeffrey T Liou, MD. Two-part article series on bone nutrient needs and food sources for those nutrients including vegan sources were published in two April issues of Centered on Taipei magazine. Attended a wine pairing dinner at Café de Lugano hosted by Domonique Levy with food prepared by Chef Frederic Jullien.

Attended Ana Karina Camardiel's request about the possibilities of studying Dietetics in the USA, connected through the university. Got interviewed for "El diario" a digital media platform on the topic "How to deal with obesity in an inflationary country like Venezuela?"

As this wraps up the 4th quarter of the prior fiscal year, we'd like to give a big thank you to all of the CRs mentioned below that have just finished their three-year term. Although they no longer hold the CR position, they will always be valued members of our organization.

Dorothy Graham-Charles (Antigua)
Luciana Ambrosi (Argentina)
Ana Paula Noronha Barrére (Brazil)
Ivi Papaioannou (Greece)
Andrea Guzman (Guatemala)
Ahmed Saddam (Iraq)
Reiko Hashimoto (Japan)
Sanele Nkomani (Malawi)
Allison Pigatto (Netherlands)
Sabeen Siddiqui (Pakistan)
Rithela Isabel Gonzalez (Panama)
Mona Aldosari (Saudi Arabia)
Kalpana Bhaskaran (Singapore)
Maria Gustafsson (Sweden)
Alana Alexander-Walker (Trinidad and Tobago)
Melisa Karabeyoglu (Turkey)

With that, we'd like to warmly welcome Melisa Karabeyoglu, our incoming CR-Chair Elect. Worthy to note, it is a new position where in the past the CR Chair was a two-year term with no overlap, rather a handoff between volunteers. From last year onwards, the CR position was transitioned to a three-year term where I will be staying for one more year to assist with the transition and a year of overlap between myself as the CR chair and Melissa as the CR Chair-Elect. She will also be finishing up as the CR for Turkey, a position she has held for three years now. I look forward to working with Melisa and to all of you getting to know her better.
Subsequently, we are excited about the new CRs taking over for many of these countries, where their report contributions and updates

Information Sheets updated. At the end of the last fiscal year, we had many updated versions from 2021 available here for our members to access. We also offer a subscription to these information sheets to non-IAAND members.

IAAND Past President Named Academy Spokesperson: 2022-2025

The Academy of Nutrition and Dietetics has announced the appointed spokespeople for 2022-2025 that can be viewed here.

From that, we would like to congratulate our previous Past President and fellow IAAND member, Monique Richard, MS, RDN, LDN, IFNCP, RYT, FAND, for being among the new eight Academy spokespeople appointed for the three-year term, and to all the appointed and reappointed spokespeople!

A Call for Volunteers With IAAND

New opportunities to explore and experience await you!

Being a volunteer with IAAND is a wonderful opportunity to connect with nutrition professionals around the world, build your resume, strengthen your leadership skills, and connect with a fun group of like-minded professionals.

We are constantly looking for volunteers! If you are ready to join our team, please fill out this application form which should take less than 5 minutes.

Spring Symposium Recording

The Spring Symposium Recording Is Now Available!

The International Affiliate of the Academy of Nutrition and Dietetics,

The Intersection of Culture and Nutrition: Our role in DEI and Sustainability in Dietetics is now available to purchase through the Eat Right Store starting at 10 USD for students and 39 USD for members.

The covered topics include “Integrative Medicine for All,” “Plant-Based Diets, Sustainability and Transforming Healthcare,” “Spice Up Your Meals with Ayurvedic Wisdom,” and a panel discussion on “Working Together to Create a New Future: Creating a Call to Action for the Dietetics Profession.”

Check this link for more information or to purchase.

Save the Dates: Upcoming Conferences and Events

The 8th Asian Congress of Dietetics (ACD2022)
Yokohama, Japan, August 19-21, 2022

Dietitians of Canada National Conference

Food & Nutrition Conference & Expo (FNCE)

Orlando, Florida, and Virtual, October 8-11, 2022

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.

New Members and Supporters

IAAND would like to give a warm welcome to our new members and supporters:

CANADA

Nour Akil

Andrea Glenn

Sandra Kock Martin

Jean La Mantia

Alexandra Passa

COLOMBIA

Christine McCullum-Gomez

CYPRUS

Christodoula Yiangou

FRANCE

Emily LaRose

KUWAIT

Jumana Al Mubarak

MEXICO

Daniela Gordillo

Yareni Yunuen Gutierrez Gomez

Daniel Illescas Zárate

Amanda Ramos

THAILAND

Hung Nguyen Ngoc

Muhammet Turabi Yerli

UNITED ARAB EMIRATES

Lama Dalloul

Shaima Madhi

UNITED STATES

Whitney Bateson

Julia Britland

Janet Dukowski

Sarah Hertenstein

Kelly Moltzen

Amy Thygesen

Pearl Tu

Vilasavathi Venkatachalam

IAAND on Facebook

IAAND on Twitter

IAAND on the Web

IAAND Mission is…
Empower members though professional development and promote international collaboration in the global nutrition and dietetics community

IAAND envisions a future where there is …
A global community of dietitians engaged in food and nutrition related health initiatives with diverse populations

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