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International Affiliate of the Academy of Nutrition and Dietetics

 an affiliate of the
Academy of Nutrition and Dietetics

August 2020

Message from the Editor

[President's Message](#)

Hello IAAND Community,

[Free Webinar](#)

We hope that you and your loved ones are all safe and healthy.

[Webinar Ideas](#)[Diversity in Healthcare](#)

If you would like to share any nutrition news or updates on how you are dealing with the present situation, please feel free to email us at newsletter@IAAND.org.

[Sponsorship Chair](#)[Dynamic Speakers](#)

Thank you for your continued interest and support.

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Marion Eckl, BSc, RDN

[Save the Date](#)

IAAND Newsletter Editor, 2019-2021

[New Members](#)

President's Message

Dear IAAND members,

First, I want to send a heartfelt message to our colleagues in Beirut, Lebanon who are recovering from the massive explosion earlier this month. The residual effects, mortalities,

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unimaginable. Please know that IAAND is thinking of you and that we are here to assist you in any way that we can. Please feel free to reach out to [me](#) or our team at any time. I would also like to recognize that many, many countries continue to face challenges with students returning to school, universities restarting, and the increase in coronavirus cases especially in specific countries in Central and South America, Africa, and Asia.

The virus is also changing the landscape of our workplaces and our professional needs as well as and how we conduct business, network, and continue our educational needs. With that in mind, IAAND is continuing to strive to provide resources and material to assist our members but also increase avenues of inspiration and positivity as well as to enhance ways to connect that nurture our relationships and initiatives. As always, we would love to hear from you with any additional needs, requests, or ideas.

“Life is like the ocean, sometimes it is rough and rigid, sometimes it is calm or still, but in the end, it is always beautiful.” We each are navigating our own waters that indeed are tumultuous at times and calmer some days but always a magnificent marriage of awe, depth, radiant reflection, and vital to a myriad of the other lives it touches. Thank you for being part of the IAAND ocean, I hope that your seas become calm and bring you peaceful solace when you need it most.

Sending well wishes to you and your family,

A handwritten signature in blue ink that reads "Monique". The signature is written in a cursive, flowing style.

Monique, Richard, MS, RDN, LDN, FAND
IAAND President 2020-2021

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Free Webinar

Cultural Adaptation of Nutrition Education Tools: Kids Eat Right International Experience

Speakers: Julie Joy, Vicky Tijerina, Luciana Ambrosi, & Yanin Lopez

Date: September 10, 2020

Time: 11:00 A.M. ET

Join us for this complementary webinar to learn more about the KERI program and best practices in culturally adaptation of health and nutrition communication, specifically in Spanish speaking populations. Learn why translation of materials is simply not enough! For more details and registration, click [here](#).

Call for Webinar Ideas!

What would you like to know more about?

What topics interest you most?

What would you like to add to your professional portfolio?

Help IAAND plan our FREE webinar schedule for this next year! Please complete this quick [survey](#) to provide us with your input so we know which topics our members want to learn more about. In addition to weighing in on various exciting nutrition related topics, suggestions for speakers and other topics not mentioned in the survey are welcome.

Here's to another great year of learning and growing together!

Diversity in Healthcare

By: Macy Chow and Michelle Lee, CRs of Hong Kong



When you think of food, it's never homogenous. Food comes in many forms and from different cultures and socioeconomic status. As dietetic providers, the healthcare and dietetics field serves diverse populations. Diversity in dietetics is much more than a physical barrier, such as being unable to speak a language. Diversity is about understanding the population you serve within a larger context of cultural, religious, socioeconomic, and political status in addition to sexual orientation and even physiology. As stated in the Academy of Nutrition and Dietetics, the Academy values and respects the diversity of its membership. Last year, FNCE included a number of diversity-related education sessions for its members, including "Enriching Diversity in the Dietetics Profession via Individuals with Disabilities", "Growing Together: Diversifying Dietetics Through Mentoring", and "Diversifying Our Practice and Our Plates."

In 2005, the Academy also developed a Diversity Strategic Plan that focuses on various initiatives to increase cultural and

our dietetic practice. It is important to note that through mentoring, it fosters diversity by providing a personalized approach for underrepresented people. Mentorship could act as an effective strategy to help us recruit students or professionals from many underrepresented groups. Increasing the competencies of our workforce can better reflect the communities that we serve.

A homogenous healthcare and dietetics field can only do harm to the quality of care we provide as dietetic practitioners. With the diverse array of patients and clients we serve, diversifying our profession is needed. As professionals in this field, we need to be able to provide custom care that acknowledges these disparities and offers opportunities to individuals with different skills, disabilities, and ideas.

Where there is no diversity, it may be more threatening for some patients and clients to seek out medical care, which could be harmful to them. In addition, people from different ethnicities or with disabilities may perceive diseases and treatments in different ways, such as traditional homeopathic practice. We also need to recognize that we may always have some sort of bias that could impact our decisions. As professionals, we must acknowledge that this happens, and we should always place ourselves in a position to grow and learn through FNCE and other workshops. In this way, we could all aggregate our diverse experiences as health care providers in order to benefit and support the obstacles that some patients are facing when seeking medical care and assistance. This could eventually contribute to a magnificent quality as well as value of care on all levels.

We, as IAAND, are a group of 1,200 members and supporters, including student members and supporters, stretching across 79 countries. As a global community of dietitians engaged in food- and nutrition- related health initiatives with a diverse population, we are the key to practicing diversity and inclusion in our practice.

For the next steps to build a more diverse field, we need to

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underrepresented groups, so that it can lead to more diversity among our community.

In conclusion, there is a crucial need for increasing the diversity within the dietetic and health care workforce. In this way, we can provide adequate, diverse, and culturally competent care to our patients and clients. With a diverse dietetic workforce, more research can be fostered in underserved areas. This can hopefully enrich the population and help to meet their needs.

Opening for IAAND Sponsorship Chair!

Do you have a knack for speaking with companies and potential sponsors for conferences, webinars, and other areas to support IAAND members? Do you have an inside scoop on industry, small businesses, or nutrition products that you would love to connect with others? do you have a passion for communication, connection, and collaboration?

This 2-year position may be right for you if you like to do the following:

- Enhance your project management and reporting skills
- Network with IAAND members
- Network with industry and other potential sponsoring organizations
- Actively engage in teleconferences and live conference meetings
- Hone in on your leadership and volunteer skills.

If you are interested or have any questions, click [here](#).

Dynamic Speakers Needed

Do you have a passion for melding cultural adaptation,

possibly being a speaker at our joint symposium in the spring of 2021?

IAAND is proud to announce that we will be partnering with the Dietitians of Integrative and Functional Medicine (DIFM) and Vegetarian Nutrition (VN) dietetic practice groups for a joint symposium with the overarching theme of “Diversity, Equity and Inclusion” with elaboration around integrative medicine for all.

If you have ideas or expertise that you think might be a good fit for the symposium, please consider applying! Send an email to [Victoria](#) at [Varsha](#) for the Request for Proposal Form or email them with questions.

Proposals are due September 7th, 2020 so don't delay!

Education Stipends: Deadline Nov. 30th

Twice annually, IAAND competitively selects member applications to receive one of the following three educational stipend awards to attend or present at a food/nutrition-related educational event, such as a conference or workshop (virtual or in-person). Educational events **MUST** be held between January 30th to May 31st. **Application is due November 30th and is currently open for the following categories:**

1. One \$250 student member stipend to attend an event
2. One \$250 non-student member stipend to attend an event
3. One \$500 stipend for a member from any membership category to present at an event.

To be considered for an educational stipend, applicants must meet membership criteria, have completed the application form according to the guidelines, and have not been awarded a stipend within the past three years. All stipends are awarded in USD after the event has occurred and only after all stipend awardee requirements have been fulfilled. All applications

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Job + Volunteer Opportunities

[Regulatory Affairs Officer](#)

Ausnutria

Zwolle, Netherlands

[Research Assistant in Nutrition and Health](#)

University of Leeds

Leeds, England

Do you know of an open nutrition position in your country or region? Please send job postings to newsletter@eatrightoverseas.org to be included in the next eNews.

Note: Positions are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.

Save the Dates: Upcoming Conferences and Events

[Food and Nutrition Conference & Expo](#)

Virtual Event, October 17-20, 2020

[International Congress of Dietetics \(ICD\)](#)

Cape Town, South Africa, September 1-3, 2021

[XVII Congreso Latinoamericano de Nutrición Clínica, Terapia Nutricional y Metabolismo \(FELANPE\)](#)

Guayaquil, Ecuador, July 2-6, 2021

[International Congress of Nutrition](#)

Tokyo, Japan, September 14-19, 2021

[Sociedad Latinoamericana de Nutrición \(SLAN\)](#)

Asunción, Paraguay, October 31-November 4, 2021

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or the Academy of Nutrition and Dietetics

New Members and Supporters

The IAAND would like to give a warm welcome to our new members and supporters:

AUSTRALIA

Mulia Schindlmayr

Michelle Theodosi

CANADA

Sharon Eggerston

Carla Prado

ECUADOR

Gabriella Iturralde

HONG KONG

Wing Tung Lee

Fiona Wong

INDIA

Hena Nafis

Richa Srivastava

KUWAIT

Amenah Esmā'eel

LATVIA

Kristine Klaramunta

PERU

Anunziata Morris

SOUTH AFRICA

Lila Bruk

TAIWAN

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TURKEY

Nur Gizem Saber Bozdogan

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Maitha Al Shamsi

Asma Alfaris

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Joelle Abi Kharma

Kristian Allen

Kathryn Foster

Jennifer Katz

Susana Kury

Allison Labyk

Julia Meyer

Lindsay Miamen

Susie Parker-Simmons

Devin Pena

Emily Pietsch

Benhilda Wekwete



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IAAND Mission is...

Empower members through professional development and promote international collaboration in the global nutrition and dietetics community

IAAND envisions a future where there is ...

A global community of dietitians engaged in food and nutrition related health initiatives with diverse populations

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