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ePassport

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International Affiliate of the Academy of Nutrition and Dietetics

 an affiliate of the
Academy of Nutrition and Dietetics

June 2020

Message from the Editor

[President's Message](#)

Hello IAAND Community,

[Free Webinar](#)

We hope that you and your loved ones are all safe and healthy. Our thoughts are with all of you.

[Tokyo 2020 Olympics](#)[Nutrition + COVID-19](#)

If you would like to share any nutrition news or updates on how you are dealing with the present situation, please feel free to email us at newsletter@IAAND.org.

[CR Quarterly Update](#)[Special Call for Research](#)

Thank you for your continued interest and support.

[Job + Volunteer](#)[Save the Date](#)

Marion Eckl, BSc, RDN

[New Members](#)

IAAND Newsletter Editor, 2019-2021

President's Message

Dear IAAND Members and Supporters,

Welcome new members and IAAND veteran members to the 2020-2021 year!

We have a diverse group of talented individuals excited to continue building on the strong foundation established, striving to meet and exceed our members', supporters', students', and clients' needs for professional development, networking, career advancement, and research opportunities.

I want to thank Romina Baritta, the Past-President for her steadfast leadership this past year. Her commitment, demeanor and dedication allowed IAAND to accomplish many initiatives and weather some challenging times. Thank you to all those that served in various roles. Your time, contributions, and voices are invaluable. Wishing those of you whose terms have ended the best and may our paths cross again soon.

Our goal is to Engage, Expand and Empower our members. Without you, we would not be 1250 members (and supporters) strong in 84 countries! We want to expand our benefits and support the dietetic profession in powerful and substantial ways. We want to inspire more collaborations, foster more networking opportunities and strive for health and nutrition, FOR ALL. We want to live in the possibility that food insecurity, social disparities, and lack of access to clean water can be obliterated and that education, regenerative agriculture, and policy can be elevated. As dietitians, nutritionists, dietetic professionals, educators, and students, we understand the importance of these components to overall health and quality of life. We will work toward the change we wish to see-- together! We would love your help and involvement.

As a reminder, here are a few of the member and supporter benefits that you receive:

- Access to monthly [ePassports](#) about the current national and international happenings in the field of nutrition and dietetics.
- Links to [career opportunities](#) identified and submitted by other members.
- Access to IAAND-sponsored or organized [webinars](#)
- Eligibility for IAAND-sponsored [educational stipends](#)

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Foundation

- Access to professional growth and [leadership opportunities](#) by serving as elected officers, appointed officers, or committee members
- Opportunities to [volunteer](#)
- Networking with other dietitians with interest in international dietetics through our Country Representative and Meet-up programs

If you are in the USA, you are welcome to choose IAAND as your Affiliate in order to take advantage of these benefits. You also have the option of keeping your state affiliate and choosing to be an IAAND supporter. IAAND is also a separate entity, as an affiliate. Therefore, you can be a member in both without a restriction! For more information, please click this [here](#).

We look forward to getting to know you and to hear from you!

Cheers to a fruitful year filled with possibilities. I look forward to a year where we flourish in the face of adversity but maintain a solid foundation for and with our members--a year filled with possibilities. Let's combine our hopes, wishes, and dreams. Then, let's work together to make them happen.

Cheers to a fruitful year filled with possibilities.



Monique, Richard, MS, RDN, LDN, FAND
IAAND President 2020-2021

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Free Webinar

Cutting Edge Patient Communication: Methods for Clients to Meet their Health Goals

Presented by: Dr. Christine McIntosh

Date: July 14, 2020

Time: 9:00am EST

Registration: click [here](#)

Please, join Dr. Christine McIntosh and IAAND for this free webinar to learn more about evidenced based strategies you can implement in order to improve your communication and coaching when working with patients and clients.

From Dr. McIntosh: “I was once one of the many dietitians who are frustrated with the lack of client health behavior change and started a journey to reshape my patient centered care approach. This webinar will provide participants with research findings and clinical evidence to support new methods of nutrition coaching.”

Food-Related Efforts Towards 2020 Tokyo Olympics & Paralympics

By: Reiko Hashimoto, RD
CR of Japan



Due to the spread of COVID-19, the Tokyo Olympic and Paralympic Games have been postponed until 2021. Towards the newly scheduled games, the Government of Japan is gathering full force to realize a successful games while considering simplifying the venues and the ceremonies with a strong emphasis on assuring the security of all athletes and spectators.

The food service ideas are also developed in accordance with the three basic concepts of [Tokyo 2020](#).

1. Achieving Personal Best: "Striving for your personal best"
2. Unity in Diversity: "Accepting one another"
3. Connecting to Tomorrow: "Passing on legacy for the future"

With regards to the efforts concerning the sustainability, which is one of the common food issues worldwide, all agricultural, animal and fishery products procured for the games will meet the Sustainable Sourcing Code formulated by Tokyo 2020. To control portions and reduce food waste, food serving quantity will be adjusted, and smaller plates and dishes will be used.

IAAND Japan will also put our energy into proposing a unique plan that would give the visitors from around the world enjoyable experiences with the Japanese food culture. We would appreciate your thoughts and opinions.

Nutrition Intervention in COVID-19 Pandemic Response Strategies

Dr. Rubina Hakeem, an IAAND member and former CR for Pakistan, recently published an article in May 2020 in *Pakistan Journal of Medical Sciences*. The article is entitled: "Beyond transmission: dire need for integration of nutrition interventions in COVID-19 pandemic response strategies in developing countries like Pakistan."

Please, click [here](#) to read the full article!

Country Representatives Corner: 4th Quarter Fiscal Year 2019-2020

Compiled and edited by: Melinda Boyd DCN, MPH, MHR, RD, FAND, CR Chair & Rupal Shah MSc, CDE, UGC NET Qualified, CR Chair Elect

Thank You and Welcome!

Thank you IAAND members for taking the time to read the following summaries of the reports submitted by our CRs. Below is a compilation of both their IAAND involvement and the personal/professional work that the CRs have participated in during the 4th quarter of fiscal year of 2019-2020. This ranges from IAAND tasks like responding to emails from many of your (our members) and also non-members that have questions about nutrition or the practice of dietetics in other countries to work-related activities that the CRs are doing in their daily lives as part of their professional development.

Please, feel free to reach out to any of the CRs if you find their work interesting, have questions about their country, or have questions about anything found in their report. Their contact information can be located on the list found [here](#).

As we wrap up the 4th quarter of the fiscal year, I would like to take this time to give a big THANK YOU to all of the CRs that

Lily Chen (Australia), Liyan Lin (China), Terezie Mosby (Czech Republic), Mohamed Radwan (Egypt), Laurene Boaten (Ghana), Brigitte Kochavi (Israel), Joanna Cummings (Lao PDR), Christopher Vogliano (New Zealand), Lamees El-Derbi (United Arab Emirates), & Emily Spees (United Kingdom)

Although they may not be the CRs anymore, they are still valued members of our organization. The good news is that for many of these countries we have new CRs taking over the position. Stay tuned for the next issue of the ePassport where they will be providing their reports and updates on their countries.

Additionally, we would also like to also welcome with a great big HELLO, Rupal Shah, our incoming CR-Chair Elect. This is a brand-new position. In the past the CR Chair was a 2-year position with no overlap and just a hand-off between volunteers. Starting this year, the CR position will transition into a 3-year term. I will be staying on for one more year to assist the transition, which will mean a year of overlap between myself and the CR Chair-Elect, Rupal! I look forward to working with Rupal and I look forward to all of you getting to know her better. She will also be finishing up as the CR for India, a position she has held for 2 years now.



Lastly, we have been working hard as a team to get the Country Information Sheets updated. At the end of the last fiscal year there were 13 updated versions from 2019

Updates from the CRs

Antigua and Barbuda (Dorothy Graham-Charles)

Dorothy is the only IAAND member in Antigua and Barbuda and is working on recruiting more members to join the Academy so that they can become Academy and subsequently IAAND members. Professionally, she has continued to execute more health education and promotion activities within the field of wellness. This includes online and tele-health sessions in light of COVID-19 social distancing protocol. Dorothy has also participated in media appearances and preparation of health promotion resources to share with the general public. She continues to prepare materials to educate the nation on how to build immunity in light of the current COVID-19 pandemic.

Argentina (Luciana Ambrosi)

Luciana has reached out to all the members with information about COVID-19 resources in different languages as well as Academy membership renewal options.

Australia (Lily Chen)

Lily has followed up with a dropped member.

Canada (Mireille Najm)

Mireille has received an award from Dietitians of Canada as the [Association Catalyst for 2020](#). She has sent out email to check up on everyone during this pandemic. Additionally, she would like to remind everyone that the 2020 National Conference of Dietitians of Canada, Cultivating Possibilities! is taking place virtually. Please, click [here](#) for the full program.

Ecuador (Susan Burke March)

Susan has nothing to report this quarter.

Guatemala (Andrea Guzmán)

Andrea has nothing to report in regards to IAAND membership. However, professionally, she has created an online course on agriculture and nutrition for Guatemalans and has been collecting educational materials on culinary,

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Mayan languages for rural communities in Guatemala. The nutrition and COVID-19 materials can be found [here](#).

[Hong Kong \(Macy Chow and Michelle Lee\)](#)

Macy and Michelle have sent out a welcome email to a new IAAND member during this quarter. They are planning to do a Zoom call with members in July.

[India \(Rupal Shah\)](#)

Rupal has sent out an email to all members in order to remind them to cast their vote and to a dietitian who is now a member of the Academy connected via local nutrition organization in order to learn more about Academy membership.

Professionally, Rupal has participated in multiple webinars regarding healthy food choices to during COVID-19 pandemic. She has contributed to Nutrition Practices of Indian Athletes in Japanese magazine, as well as, an article on Indian culture and food habits in IAAND June ePassport.

[Italy \(Marta Rahm\)](#)

Marta has been contacted by IAAND member from the United Kingdom for help in recruiting five to 10 dietitians or pediatric gastroenterologists from Italy in order to answer questions on the importance of glutamine in amino acid formulas. She was contacted by Francesca, an IAAND Italy member, with regards to a fee reduction from CDR. I reached to IAAND leadership team and assisted in connecting her with CDR. Marta was also contacted by a US student who was interested in completing part of her practicum with a university or organization in Italy. She assisted with this as needed although this will be delayed due to COVID-19. She was also contacted through the IAAND website by an American RD currently working in dialysis and interested in moving to Italy. She provided her with the CIS and gave pointers on working overseas for the department of Defense, WIC overseas. Finally, Marta was contacted by Italian IAAND member in order to help advertise her "Cook at Home" series.

[Japan \(Reiko Hashimoto\)](#)

Academy dues renewal date and sent out a welcome letter to new members. Reiko has also contributed an article for this June ePassport on the Tokyo 2020 Olympics and Paralympics. She has shared information about IAAND to Japanese RDs through her personal business website and Facebook. Professionally, she has contributed to a one-year long article series for a Japanese Nutrition and cooking magazine focusing on activities of sport dietitians around the world.

Lebanon (Rafika Ghrawi)

Rafika has responded to one request received through the IAAND website. Professionally, she has written an article for a national newspaper about healthy eating tips for the Holy Month of Ramadan.

Malawi (Sanele Nkomani)

Sanele is the only IAAND member in Malawi. Professionally, she is working on registering the Association of Dietitians Malawi (ADM) as a recognized body in Malawi. This allows the association to start to collect subscription and offer services. Sanele has also been involved in drafting guidelines for the registration of dietitians in Malawi, which previously did not exist. The guidelines are under review by the medical association, which is responsible for registration of health professionals.

Malaysia (Siew-Lan Ng)

Professionally, she is preparing for a corporate talk on healthy breakfast.

Netherlands (Allison Pigatto)

Allison has contributed to an article in the May ePassport on transitioning to working from home.

Pakistan (Sabeen Siddiqui)

Sabeen has nothing to report.

Phillippines (Zenaida Velasco)

Zenaida has emailed members to remind them about the renewal of membership fees. She also coordinated with the

participated in IAAND networking by posting about membership with IAAND and followed-up with interested RNDs who wanted to become members. Personally, Zenaida is working on scholarship grants for the production of a Primer on Mobile Kitchen.

Qatar (Karla Padrelanan)

Karla recently joined the IAAND Strategic Communications team to assist with our Facebook page. Professionally, she interviewed on Qabayán Radio 94.3 last April 23, 2020 on the topic, "Supporting your health through nutrition during Covid-19". She was also interviewed in Barwa Bank Ramadan Tent Healthy Living Session this past May 12, 2020 on the topic, "stay healthy during the holy month of Ramadan and how to be healthy during the Covid-19 pandemic."

Spain (Denine Stracker)

Denine has received a request from an American dietitian looking to study abroad in Spain for the Dietetic internship and another American dietitian looking to practice tele-health in Spain and Italy. She also sent out an email regarding contacts in infant and food allergies. Professionally, Denine has become a Certified Intuitive Eating Dietitian Counselor in May 2020.

Sweden (Maria Gustafsson)

Maria shared an Academy volunteer opportunity in the NCP International Workgroup. She responded to a request from the CR-Japan who was looking for overseas sports dietitians. Maria also shared information about Sweden and working in Sweden as a dietitian with individuals who found her through the article *My Global Table Sweden* in Food & Nutrition Magazine and in a Facebook group. Also, Maria has engaged in discussions with other individuals on Facebook who had questions about how things work in other countries with regards to being a dietitian. Due to COVID-19, the Swedish Dietitian Association has had their conference virtually.

Switzerland (Louise Pollard)

Louise sent out an email to all members in order to introduce

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to join the International NCPRO Workgroup and messaged a contact over LinkedIn about a newcomer to Switzerland.

Taiwan (Winne Lin)

Winne has nothing to report this quarter.

United Arab Emirates (Lamees El-Derbi)

Lamees was contacted by two members who were interested in applying as a CR for UAE.

Special Call for COVID-Related Project

Healthy Eating Research has announced a [special funding opportunity](#) for COVID-19 related projects. They will be committing a limited amount of funding for rapid-response research projects to explore the impact of the coronavirus pandemic on nutrition and diet quality, food security, and related health consequences for children and families. They are seeking projects focused on USDA Federal Nutrition Assistance Programs serving children and families. These programs play an essential role in reducing food insecurity and hunger and improving nutrition and health for children and families. During the COVID-19 pandemic, the need for these programs has become more apparent with the closing of schools and childcare centers across the country coupled with a loss of critical family income and rising unemployment and furloughs amidst the economic crisis. The goal is to inform decision-making regarding innovative policies and/or programs during and after the COVID-19 pandemic.

They have a limited amount of funds, and will be looking to fund lower cost rapid-response research projects, including issue briefs, papers, research reviews, and small studies. More information about the available funding, including a brief description of topics of interest, study parameters, and application instructions can be found on [HER's website](#).

How to Apply: Proposals will be accepted on a rolling basis through July 1, 2020, or until all available funds have been

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for studies or the template for briefs/papers, which can be found on [HER's website](#). Selected letters of intent will be invited by email to submit a full proposal.

Job + Volunteer Opportunities

[Health Policy Fellowship](#)

U.S. Department of Health and Human Services (HHS)
Washington D.C, USA

[Internship Research & Development Formulation](#)

Unilever
Wageningen, The Netherlands

[Senior Public Health Nutritionist](#)

NT Department of Health
Northern Territory, Australia

Do you know of an open nutrition position in your country or region? Please send job postings to newsletter@eatrightoverseas.org to be included in the next eNews.

Note: Positions are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.

Save the Dates: Upcoming Conferences and Events

[Dietitians of Canada National Conference](#)

Online May 27 - July 29, 2020

[Oldways Wholegrain Council Conference](#)

Rio de Janeiro, Brazil, September 14-15, 2020

[International Congress of Dietetics \(ICD\)](#)

Cape Town, South Africa, September 15-18, 2020

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Guayaquil, Ecuador, September 25-29, 2020

[International Congress of Nutrition](#)

Tokyo, Japan, September 14-19, 2021

[Sociedad Latinoamericana de Nutrición \(SLAN\)](#)

Asunción, Paraguay, October 31-November 4, 2021

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics

New Members and Supporters

The IAAND would like to give a warm welcome to our new members and supporters:

AUSTRALIA

Emma Stirling

BOTSWANA

Chakawa Nthomiwa

CANADA

Kaitlyn Bondy

Rhonda Brockman

Jean La Mantia

Valeria Robles

Zoe Sawchuk

EL SALVADOR

Kennia Salazar

GERMANY

Katrina Townsend

INDIA

Aparna Balakrishnan

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Edmund Goh

NETHERLANDS

Emmy Steiner

UNITED STATES

Tagreed Abul-Ragheb

Paula Blanco Canet

Stephen Chambers

Fun Dennis

Joanna Fitzgerald

Samantha Fuhrmann

Marie Laura Haddad-Garcia

Antinea Johnson

Anne-Marie Kosi-Kupe

Nancy Munoz

Andrew Paul Otto

Sapna Punjabi-Gupta

Kathryn Spsychalski

Kathleen Walters

Zuccarelli Lorelei

[IAAND on Facebook](#)[IAAND on Twitter](#)[IAAND on the Web](#)

IAAND Mission is...

Empower members through professional development and promote international collaboration in the global nutrition and dietetics community

IAAND envisions a future where there is ...

A global community of dietitians engaged in food and nutrition related health initiatives with diverse populations

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