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International Affiliate of the Academy of Nutrition and Dietetics

 an affiliate of the
Academy of Nutrition and Dietetics

November 2019

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Hello IAAND Community,

This publication marks the first edition of the ePassport! Moving forward, we will be combining the contents from the eNews and Passports in order to give you a monthly ePassport. Each publication of the ePassport will provide you with the same content as the eNews but will also feature a short article from one of your fellow IAAND members. We hope that this will be a good way for everyone to keep in touch, remain up-to-date on nutrition news, and to bring you different perspectives from around the world.

As always, if you would like to share your nutrition and dietetics with the international community, please email newsletter@IAAND.org.

Thank you for your continued interest and support,

Marion Eckl

IAAND Newsletter Editor, 2019-2021

A Note from the President

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What an exciting time of the year! While the holidays are approaching, we are wrapping up our first half of the fiscal year. I would like to again thank all of our volunteer leaders that make possible all of the wonderful things that IAAND does.



I also want to take this opportunity to invite members to apply for a volunteer leader position within IAAND. The deadline for nominations was extended to December 23rd, and there are new openings! Why volunteer in our beloved organization? Getting involved can benefit you in many ways—from networking with colleagues from all over the world to the feel-good aspect of volunteering for the advancement of the dietetics profession. Additionally, it will give you the opportunity to make lasting personal and professional relationships as well as to further develop your leadership, communication, and professional skills.

In my case, starting as a CR for Argentina, then moving on to being the Professional Development Chair, and finally coming into this position as President was really a learning curve as I was building confidence and organizational and leadership skills. IAAND gives me the opportunity to GROW every day, so I hope many of you take this chance and apply! Please read below to learn more about the positions available. Of course, if you want to volunteer in other ways, please [reach out to us!](#)

A handwritten signature in black ink, appearing to read 'Romina Barritta'.

Romina Barritta
IAAND President, 2019-2020

[Meet Christine McIntosch, the Professional Development Chair!](#)

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Watch Here

To learn more about the Professional Development opportunities, click [here](#).

Contact the Professional Development Chair Christine McIntosh at professionaldevelopment@IAAND.org.

Learn more about Kids Eat Right International (KERI)



Watch Here

To learn more about KERI, click [here](#).

Contact the KERI Coordinator, Julie Joy at KERI@IAAND.org.

Call for Nominations: December 23rd Deadline

It's time again to consider yourself and IAAND colleagues for open positions within the IAAND. These positions will be open for the start of the next term beginning in June 2020. This is a great way to develop your leadership skills and to help shape the future of IAAND.

The IAAND Board positions will be on the IAAND ballot for member

annual Board Meeting after FNCE.

President Elect

The President-Elect assists the President in providing leadership and direction for IAAND in order to achieve the aims of the affiliate in accordance with Mission and Vision, Strategic Plans, Bylaws, and Policies and Procedures of the Academy of Nutrition and Dietetics and IAAND. Among other duties, the President-Elect reports to the President, serves as a voting member of the Board of Directors, incorporates assigned Leadership Team members' progress in their BOD report, and reviews minutes from BOD/LT teleconferences/meetings. The President-Elect serves the first year of a three year term, the President during the second year, and the Past President during the last year.

Professional Development Chair

The Professional Development Chair determines, plans, and oversees professional development activities for IAAND members, including webinars and participation in conferences. The Professional Development Chair reports to the President and oversees all member educational and professional development activities and additionally guides the activities of the Scientific/Conference Chair and Student Co-Chairs. The Professional Development Chair serves two years on the Board of Directors.

Country Representative Chair Elect

The Country Representative Chair Elect recruits and interviews new applicants for country representative positions as needed, appoints new CRs as appropriate, and orients new CRs to their position, responsibilities, and opportunities. The Country Representative Chair Elect are also responsible for communicating IAAND requests, activities, and referrals to CRs, as well as communicating CR needs to IAAND BOD/LT. The Country Representative Chair Elect also provides training and guidance on conducting activities concerning country meetings, media, and newsworthy events. They track and manage the completed tasks of all CRs, compile the quarterly CR report for the quarterly Passports, update the CR Media Directory annually, and gather issues from each country to distribute to broad membership. The Country Representative Chair Elect will serve one first year as part of the Leadership Team working along the current

is a three-year commitment.

House Of Delegates Representative

The House of Delegates (HOD) Representative is appointed to be the representative for IAAND's membership to the HOD. They communicate issues of concern and interest from IAAND membership to HOD LT and to delegates. Additionally, they are responsible for communicating to IAAND members about ongoing HOD professional and member issues, as well as, resolutions resulting from discussions on Mega issues. The HOD Representative serves as a resource for IAAND BOD/LT members and committees. As such, they provide input on policies and procedures discussed during HOD dialogues and committees. The HOD Representative follows communication pathways and organisational units of the Academy in order to ensure open communications with IAAND, solicits comments from constituents on Mega issues, communicates them to HOD LT, and also engages with the Country Representative Chair in order to gain responses from constituents. The HOD Representative serves a three year term and can be elected for 2nd term.

Appointed positions (appointed non-voting officers)

Nominating Committee (2nd seat)

The Nominating Committee is responsible for soliciting and evaluating applicants for BOD/Leadership Team positions and applicants for Affiliate Awards and Educational Stipends. The Nominating Committee serves a three year term. The first year committee member (2nd seat) participates in all discussions and activities. The second year committee member (1st seat) takes the lead in evaluating awards. The Chair (3rd year on committee) serves as a non-voting member of the Board of Directors and officially submits recommendations for slate of elected officers, leadership team appointments, educational stipend awardees, and IAAND Affiliate awards.

Student Co-Chair

The Student Co-Chairs are responsible for recruiting student members and boosting membership. They provide updates to student members via a quarterly newsletter and act as liaison

Website Manager

The Website Manager manages IAAND website content, keeps electronic files of all webpage work, text, images, photos, correspondence and edits the website as appropriate. The Website Manager manages IAAND website content by working closely with Executive Director in order to develop new content areas as appropriate. The term length for the Website Manager is 2 years unless re-appointed.

If you are interested in one of those positions and would like more information please fill out this [application form](#) including a CV or resume and a headshot by December 23.

Local Meet-Up: IAAND-Pakistan

By: R Hakeem and Sabeen Siddiqi

On March 15 2019, local IAAND Pakistani members held their first meeting arranged and hosted by Dr. Hakeem, the Country Representative (CR) of IAAND-Pakistan at Dadabhoj Institute Karachi.

The meeting began with a recitation the Holy Quran Verses followed by Dr. Hakeem's short talk on the "International and Local Nutrition Related Organizations Workings in Pakistan". During this talk, Dr. Hakeem showed her appreciation for members' role in the professional development of human nutrition, as well as, their contribution to improving nutrition in Pakistan. Dr. Hakeem highlighted the need for policy making to be used by different organizations and additionally the urgent need for the establishment of a governmental nutrition council.

As the most senior member of IAAND-Pakistan since 1975, Dr. Rezzan also presented her experience serving as CR of Pakistan from 2005 until 2016. During this period, Dr. Rezzan explained that she learned a lot about different organizations and dietetic professionals while preparing country information sheets. The role also helped her in developing a dietetics department at Shifa Hospital

resources, webinars, and publications with local peers.

Next, Ayeza presented on her role as a member of the Academy of Nutrition and Dietetics by explaining that it is an honor to be a member of the Academy as she has the privilege of getting the latest information online and also had the opportunity to attend FNCE, which was an amazing experience. Ayeza also suggested that this group can be more effective in increasing awareness for IAAND in Pakistan and should arrange regular visits between IAAND members from different countries in order to gain experience working with different organizations.

Additional highlights include Dr. Hakeem sharing the significant role that IAAND has played in her career development and her experience developing a dietetic professional certification exam according to the Commission on Dietetic Registration (CDR) of the Academy of Nutrition and Dietetics. As an IAAND member since 2012, Sabeen also explained that IAAND helped her professional practice by building patient family education handouts. Additionally, attending the webinars helped her with RDN certification renewal.

The first local IAAND-Pakistan meeting ended with high-tea and a special thanks to Dr. Shahana Urooj Kazmi for providing the venue, to Ms. Farzana, Ms. Sabeen, and Ms. Amna for arranging the meeting, and to all members for their attendance and continued support.

House of Delegates Fall Meeting

On October 24 and 25, 2019, the Academy of Nutrition and Dietetics' House of Delegates (HOD) fall 2019 meeting was held. Two of the major topics discussed in the meeting were Technology/Big Data and the Total Diet Approach through the lens of thriving in a VUCA (Volatile, Uncertain, Complex, and Ambiguous) World. The dietetics profession must adapt and be responsive, agile, and systems-oriented in its solutions for these issues and others to remain relevant in a VUCA environment.

Technology/Big Data

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Data and Artificial Intelligence technology to improve outcomes in all areas of practice and elevate the roles of credentialed nutrition and dietetics practitioners?

Next steps: A HOD Technology/Big Data Task Force, with delegates and other subject matter experts, will be appointed to prioritize and develop action plans for gaps identified during the dialogue. Action plans will be presented to the HOD in the spring to determine final recommendations to forward to the Board of Directors.

Total Diet Approach

Question: Is the “Total Diet Approach” still relevant for a healthy population?

Next steps: A qualitative analysis of the discussion is underway in order to identify the common themes from the dialogue. Delegates and Academy Committees will be engaged in activities to determine recommendations for the stance on Total Diet Approach to share with the Academy’s Board of Directors in February.

Click [here](#) for specific documents pertaining to the meeting.

Job + Volunteer Opportunities

[Nutrition Specialist](#)

International Rescue Committee
New York, New York

[Nutritional Scientist/Production Manager](#)

DMK Baby
Bremen, Germany

[Researcher in Nutrition and Health](#)

Wageningen University and Research Center
Wageningen, Netherlands

[Policy Advisory Officer](#)

Nutrition International

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Nestle

Panama, Panama

[Manager in Development of Specialized Nutrition](#)

Friesland Campina

Singapore, Singapore

Do you know of an open nutrition position in your country or region?

Please send job postings to newsletter@eatrightoverseas.org to be included in the next eNews.

Note: Positions are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.

Save the Dates: Upcoming Conferences and Events

[International Congress of Dietetics \(ICD\)](#)

Cape Town, South Africa, September 15-18, 2020

[International Congress of Nutrition](#)

Tokyo, Japan, September 14-19, 2021

Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics

New Members and Supporters

The IAAND would like to give a warm welcome to our new members and supporters:

BARBADOS

Glencill Taylor

CANADA

France Archer

Stacia Whittaker

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Sandra Krstev Barac

GREECE

Vasiliki Roidi

IRELAND

Margaret O'Neill

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Cynthia Egho

Sabine Merheb

MEXICO

Pilar Gelis

PERU

Anunziata Morris

SOUTH AFRICA

Yael Joffe

SWITZERLAND

Amy Baertschi

UNITED ARAB EMIRATES

Zeina Soueidan

UNITED STATES

Alexandra Kazaks

Meredith Lockard

Sandra Fairweather

Shouq Alsulami

Veronica Dooley



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IAAND Mission is...

Empower members through professional development and promote international collaboration in the global nutrition and

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WORLD envisions a future where there is ...

A global community of dietitians engaged in food and nutrition related health initiatives with diverse populations

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