



International Affiliate of the Academy of Nutrition and Dietetics

 an affiliate of the  
Academy of Nutrition and Dietetics

August 2018

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Are you interested in building your web communication skills? Do you have ideas for making these publications better? Would you like to get more involved in the IAAND? We are currently seeking a newsletter co-editor. Please send an email to [newsletter@eatrightoverseas.org](mailto:newsletter@eatrightoverseas.org)!

Other news to share? We'd love to feature your story, project, or event with the international nutrition community.

Sincerely,  
Newsletter Editor  
Ariana Haidari

## Letter from IAAND President Esther Myers

From the President:

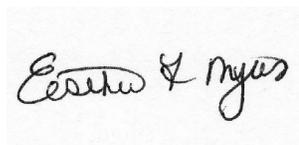
Hello members and supporters,

As we move into October, many are involved in the preparations for our annual events at Food and Nutrition Conference & Expo in Washington DC, Oct 20-23. We hope that you will include the

informal IAAND Breakfast networking event on Monday, October 22nd. If you haven't yet made plans, it is not too late!

The sign-ups for both of these IAAND events are on our [IAAND website](#) under the [IAAND Initiatives/Future Conference tab](#). Please note that the location of the breakfast has recently changed, so please be sure to check the website and your email for notification of the location.

I look forward to seeing many of you at the IAAND networking events and learning about your activities and how IAAND can provide value to you.



President IAAND, 2018-2019

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## Free Live Webinar November 15

*Presented by IAAND Professional Development Committee*

### **NOVEMBER 15 - FREE LIVE WEBINAR**

*Presented by IAAND Professional Development Committee*

#### **Managing diet for suspected food sensitivity**

**Speaker:** Joan Breakey

This webinar addresses patient concerns related to symptoms of food sensitivity. It provides a process for relevant information to obtain, how to formulate the initial baseline trial diet, and, importantly, how to challenge and gradually broaden the diet to include as many foods as possible while acknowledging individual variation in tolerance.

**Date:** November 15th

**Time:** 4:00 pm EST (16:00 EST)

**Registration:** Please [Click here](#)

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Joan is a Registered Dietitian Nutritionist with over 35 years experience specializing in food chemical sensitivity, food allergy and intolerance. She has conducted clinical research, both in child mental health clinics and in private practice, helping literally thousands of families. She also held the public health position of Adviser in Nutrition and Dietetics to the Department of Health in Queensland from 1979 to 1983. She then worked as a part-time Dietitian for Child Mental Health 1984 to 1994. She completed a Masters Degree on the controversial role of diet in behaviour and ADHD. She has written many articles and books on allergy and food chemical intolerance, including "Are You Food Sensitive?," "Fussy Baby," "Tolerating Troublesome Foods," and "A Dietitian's Manual: Diet Detective Method." She is semi-retired and works occasionally in private practice in Ipswich, Queensland, Australia. See her website at [www.FoodIntolerancePro.com](http://www.FoodIntolerancePro.com)

**Learning Objectives:** At the end of this session participants will be able to:

- Understand diet investigation for possible food sensitivity
- Appreciate that each patient will need their own diet pathway plan
- Accept that this is a different skill than managing allergy
- Improve your understanding of diet investigation

**CPE Level:** 1

**Suggested Learning codes:**

4150, 5110, 5410, 6020

**Performance indicators:**

8.1.2

8.4.1

8.4.4

[Register Here](#)

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**[Other Upcoming Webinars and Web Conferences:](#)**

**Date (English-language):** Thursday 4 October at 2pm Central European/Germany Time

**Registration:** To register, please click

<https://attendee.gotowebinar.com/register/5747800781963450627>

Webinar-ID: 553-527-115



**Description:** The latest [SOFI report](#) has reported a rise in world hunger for the third consecutive year: the number of undernourished people has increased to nearly 821 million in 2017, levels from almost a decade ago. These figures [do not even provide the full picture](#) of malnutrition. In parallel to the increase in undernourishment, obesity is increasing worldwide as well. And agroindustry continues to be a major contributor to climate change. Clearly, our food systems are at an important crossroads.

There is now widespread recognition of the failure of the agro-industrial food system even by the World Economic Forum, and other actors who previously promoted the Green Revolution. Despite their recent damnations, these same organizations and actors now claim to have a new 'solution', known as The Fourth Industrial Revolution. This so-called 'innovative thinking' proposes a fusion of technologies that is blurring the lines between the physical, digital, and biological spheres. This presents a new narrative which all of us must engage in to confront the threats that lie ahead.

In this context, this year's issue of the *Right to Food and Nutrition Watch* (the *Watch*) explores the impacts of three intertwined dynamics – dematerialization, digitalization and financialization – on our food systems. It discusses how these processes are altering the conception of the food market, and how food consumption habits within urban centers and beyond are being affected. It explores how targets of political action are shifting in the pursuit of food sovereignty, and interrogates how the fulfillment of the human right to adequate food and nutrition will be addressed.

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include authors and members of the Editorial Board of the *Watch*. Join & discuss with us!

**Speakers (to be confirmed):**

- Maria Luisa Mendonça, City University of New York and Network for Social Justice and Human Rights in Brazil
- Fabio Pitta, Universidad de São Paulo y Rede Social de Justiça e Direitos Humanos de Brasil
- Stefano Prato, Society for International Development (SID)

**Upcoming Workshop: Current Status and Response to the Global Obesity Pandemic**

Obesity is a global pandemic with rates at least doubling in more than 70 countries since 1980. Many countries now face a “double burden,” where undernutrition coexists with overnutrition.

On October 9th, the Roundtable on Obesity Solutions will host a workshop to explore the current state of obesity globally, global prevention and treatment efforts, and the complexity of the global approach to managing the obesity epidemic. The workshop will include perspectives on the implications of obesity as a global problem for prevention and treatment efforts in the US, with an emphasis on reducing disparities. [Register to attend](#) via webcast. For more information, [visit the Academies' website](#).

- **When:** 8:30 AM-4:00 PM ET, Tuesday, October 9
- **Watch:** This event will be webcast live

<https://www.eventbrite.com/e/current-status-and-response-to-the-global-obesity-pandemic-tickets-48134861667>

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### **Get a Member – Get a Dues Credit!**

As an Academy member, you know the value of membership firsthand, and your personal recommendation will have the greatest impact on your colleagues. Help your colleagues accelerate their careers and thrive in their professions by recruiting them to join the Academy with the Get a Member – Get a Dues Credit program. For each qualifying recruit who uses promo code GET19 and enters your first and last name into the “Who referred you to join today?” section of the membership application, you will receive a dues credit toward your 2019-2020 Academy membership dues. Remember, nobody can recruit Academy members better than you!

[Learn More](#)

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### **Mark Your Calendars: IAAND Events at FNCE 2018**

#### **IAAND INTERNATIONAL RECEPTION**

Join us for an evening reception on Saturday, October 20, from 19:00 to 22:00 (7 pm to 9pm ET) at the Marriott Marquis HQ hotel. Awards will be presented at the International Reception!

Please register for the event [here](#).

#### **IAAND MEMBER BREAKFAST**

Please join us for the IAAND Member Breakfast on Monday morning October 22, 7:00-9:00 am ET

#### **STAY TUNED FOR LOCATION**

Separate checks will be issued with a 20% gratuity added to each check.

Please [RSVP here](#).

#### **IAAND BOOTH at MEMBER MARKETPLACE**

Stop by and meet the IAAND Leadership Team members! We will be at the Member Marketplace on the Expo floor on Monday from 9:00-15:00 (9am - 3pm ET) at Booth #2906.

Stay tuned for more information on [our website](#). We hope to see you in Washington, D.C. on October 20-23.

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## **Job Opportunities**

### **Nutrition Project Officer**

ACDI/VOCA

Nairobi, Kenya

*Note: Positions are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics.*

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## **Save the Dates: Upcoming Conferences and Events**

### **Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo**

Washington, D.C. October 20-23, 2018

### **10th Cyprus Dietetic & Nutrition Association Conference with International Participation**

Cyprus, November 22-15, 2018

### **International Congress of Dietetics (ICD)**

Cape Town, South Africa, September 15-18, 2020

### **International Congress of Nutrition**

Tokyo, Japan, September 14-19, 2021

*Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics*

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## **New Members and Supporters**

The IAAND would like to extend a warm welcome to our new members and supporters:

BAHAMAS

Idamae Hanna

BARBADOS

Marrienne Burnham

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Silvia Faria

CANADA

Luma Al-Shubbak  
Laura Creek Newman  
Catherine Freeze  
Carol Henry  
Nancy Moore  
Jillian Paulmark  
Lindsay Pleskot  
Gloria Safadi

CAYMAN ISLANDS

Tamara Whorms Riley

COLOMBIA

Sandra Perez Castro

GUATEMALA

Maria Basterrechea  
Andrea Guzman

HONG KONG

Ching Man Chow  
Sen-ying Lee

INDIA

Veena Singh

KUWAIT

Bashayer Al-bader  
Shaikha Alrabah

LAOS

Slackchay Rasprasith

LEBANON

Samantha Joan Gerdy

MEXICO

## NIGERIA

Alaundra Dikese

## PAKISTAN

Shabbier Hafeez

Sabeen Siddiqui

## QATAR

Naeema Aldahneem

Karla Monique Padrelanan

## SAINT MARTIN

Jeshneila Carti

## SAUDI ARABIA

Yasmin Rihawi

## SIERRA LEONE

Fatima Seblini

## SINGAPORE

Claudia Correia

## SINGAPORE

Agnes Yu

## SOUTH KOREA

Woori Na

## SWEDEN

Lami El Gakhlab

## SWITZERLAND

Christina Gassmann

## THAILAND

Janejira Asvatanakul

## UNITED ARAB EMIRATES

Hanadi Mina  
Jinan Mounneh  
Zeinab Rammal

#### UNITED KINGDOM

Melissa Antonatos  
Lara Ghandour  
Clare Gray  
Tamara Kaddoura

#### UNITED STATES

Fatima Al Muhairi  
Yasmen Baroudi  
Renee Boudreau  
Suzanne Bowser  
Duodan Chen  
Kathryn Foster  
Melisa Nadin Kumas  
Nayeon Lee  
Chenbing Liu  
Devarshiben Patel  
Devin Pena  
Gabriela Proano  
Kelan Sarnoff  
Tariro Savoy  
Madison Smeltzer  
Louise Witteman

#### ZIMBABWE

Sanele Nkomani



IAAND on Facebook



IAAND on Twitter



IAAND on the Web

IAAND Mission is...

Empower members through professional development and promote international collaboration in the global nutrition and dietetics

AND envisions a future where there is ...

A global community of dietitians engaged in food and nutrition related health initiatives with diverse populations

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