

# eNews

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International Affiliate of the Academy of Nutrition and Dietetics

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Academy of Nutrition and Dietetics

July 2018

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Dear Members and Supporters,

Pardon the late release of July's eNews. We are looking ahead to a fabulous line-up of presentations and events for the IAAND community! This month, the eNews features a summary of the Asian Congress on Dietetics, our new Media Representatives Program, and a free Nutrition Focused Physical Exam webinar.

Would you like to be featured in an upcoming edition of IAAND's eNews? Do you have an interesting story to share? Please share your story with the rest of your international nutrition and dietetics community by emailing [newsletter@eatrightoverseas.org](mailto:newsletter@eatrightoverseas.org).

Sincerely,

Your Newsletter Editors

Ariana Haidari and Maria Pontes Ferreira

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**Letter from IAAND President Esther Myers**

From the President:

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[New Members & Supporters](#)

opportunities for networking with other members. Networking can occur face-to-face or through electronic means. Here are a few opportunities:

**IAAND Participation in Professional Meetings:****Asian Congress of Dietetics and FNCE**

In early July IAAND participated in the Asian Congress of Dietetics held in Hong Kong. IAAND's contribution included support for a program session, exhibit, and post-conference professional development cultural tour. Over 200 people stopped at the booth, the program session room was filled to capacity for the presentation, and over 50 dietitians went on the Cultural Tour of Hong Kong. Photos and video with highlights of Culinary Tour are available on the [IAAND Website](#).

The Food and Nutrition Conference and Expo (FNCE) will be in Washington, D.C., October 20-23, 2018. On our [IAAND website](#), you'll find links to sign up for the IAAND International Reception on Saturday, October 20, 7-10 p.m. (19:00-22:00), and the IAAND member breakfast on Monday, October 22 at 7-9 am. We will also have an IAAND booth in the member marketplace. Learn more about events and lectures at FNCE here:

[Academy's FNCE page](#).

Other IAAND networking sessions are organized at national dietetic meetings, usually by country representatives. Check with your country representative if you want to coordinate a networking event at your national or regional professional dietetic meetings.

**Electronic Mailing Lists and Social Media**

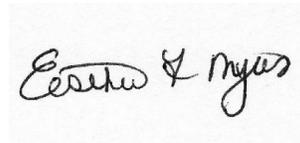
The IAAND [Facebook page](#) continues to provide a place for members to find out about global nutrition events. For many years the IAAND has organized an IAAND Member Yahoo Group, however due to need for improvements we will be moving that forum later this year to a different platform. Check out the new "[Forums](#)" tab on your website. Simply log-in as a member under the "get Involved" tab. A few topics of interest

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## Volunteering

A great way to network with other IAAND members is through volunteering on committees or projects. If you are interested, let us know through [this link](#). We are still in the process of filling committee volunteers for this year.

Being an active and engaged member of IAAND offers many different opportunities for networking, getting to know other dietitians around the globe!



President IAAND, 2018-2019

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## Podcasts for July 2018

Each month the E-News will have two podcasts: one from the President summarizing current activities, and a second podcast highlighting a member of our IAAND Leadership Team and his or her activities. These will also be posted on the IAAND Facebook page in case you miss the E-News.

Check out this month's [President's podcast](#) to learn:

- Who was selected for Cycle 1 Stipends for Professional Development (Cycle 2 deadline Nov 30<sup>th</sup>)
- How Non-Members can purchase a Subscription to Webinars, Newsletters, and Country Information Sheets
- Highlights of IAAND involvement with the Asian Congress on Dietetics in Hong Kong
  - Past Conference Photo Gallery on website
- Dates, events, and a reminder to mark your calendar for FNCE (October 20-23, 2018)

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## Video Message Podcast from IAAND President Esther Myers



Video address from Esther Myers, IAAND President

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## **Announcing: IAAND 2018 Award Winners!**

Congratulations to this year's amazing award winners - look for applications later this year for our 2019 awards!

**Outstanding Dietitian of the Year:** Marianella Herrera

**Recognized Dietetic Technician of the Year:** Romina Barritta

**Outstanding Dietetic Student of the Year:** Emma Steiner

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## **Free IAAND Webinar: August 10**

*Presented by IAAND Professional Development Committee*

**Introducing Nutrition-Focused Physical Exam Techniques**

**Speaker:** Joanna Cummings, MS, RD, CNSC

**Date:** August 10

**Time:** 10:00 am EST

**Registration:** Please [Click here](#)

highlighting micronutrient deficiencies and identifying muscle and fat stores. The webinar will also discuss biochemical labs, updates on malnutrition guidelines from an international perspective and provide resources for you to use in your practice. We look forward to you joining us for this excellent webinar!



Joanna Cummings, MS RD CNSC, is the Country Director and Clinical Nutrition Instructor for the Lao-American Nutrition Institute (LANI) in Vientiane, Lao PDR. She received her Master of Science in Clinical Nutrition from Oregon Health & Science University (OHSU) and is a Registered Dietitian (RD) with advanced certification as a Certified Nutrition Support Clinician (CNSC). Her clinical

and research experience includes pediatric and adult nutrition, inherited metabolic disorders, oncology, and bone marrow transplant. Additionally, she has worked extensively on the development of nutrition education tools as the Leadership and Education in Neurodevelopmental Disabilities (LEND) trainee at the Child Development and Rehabilitation Center (CDRC) at OHSU, as a research dietitian at Children's Hospital Colorado, as a clinical dietitian in Oncology at the University of Colorado and as an adjunct professor at the University of Northern Colorado.

#### **Learning Objectives:**

- Apply the NFPE for the assessment of muscle and fat wasting, micronutrient abnormalities and describe common appearances of deficiencies
- Select appropriate biochemical laboratory tests for micronutrient abnormalities
- Identify references and resources to support further learning and refining of techniques in this area

**CPE Level: 2**

**Performance indicators:**

- 10.2.1 Identifies and selects valid and reliable tools to conduct a comprehensive nutrition assessment.
- 10.2.2 Works collaboratively with interdisciplinary team to identify and implement valid and reliable nutrition assessment tools to support access to care.
- 10.2.3 Analyzes and synthesizes the assessment data to identify nutrition problems following the Standards of Practice in Nutrition Care for RDNs.
- 10.2.4 Integrates foundational dietetics knowledge with critical appraisal of assessment data to diagnose nutrition problems (using problem solving, etiology, signs and symptoms [PES] statements), which can be resolved or improved through treatment or nutrition intervention.

[Register Here](#)

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## **IAAND Culinary Tour Updates from IAAND Hong Kong Country Representative**

Charmain Tan, RDN, AD



On 8 July, 2018, the last day of the Asian Congress of Dietetics 2018, 50 dietitians from 15 different countries joined

We enjoyed dim sum lunch banquet at Symphony by Jade in Tsim Sha Tsui, followed by an informative presentation from Dr. Priscilla Samuel on Stevia. Six local RDNs were the tour guides, showcasing the food and culture of Hong Kong. After a delicious dessert and a group picture, we took off to Wan Chai via ferry. It was a short fun ride (after a heavy rain). [Click here to see the video!](#)

We also had a great time walking through the market. Some tasted Hong Kong's popular egg tarts and buns at the local bakery. Here's the [video](#) of walking tour I created. We had so much fun. The rest of the pictures are uploaded [here](#).

It's truly my honor to be a part of the first ever IAAND RDNs Guided Culinary Tour. Two CPEs were awarded to attendees. On behalf of the Tour Guide RDNs and IAAND Professional Development Committee, I would like to thank you all for the support, understanding and cooperation to make this a safe and exciting event. We are hoping to offer more Culinary Tours in future. We have received positive feedback on our presentation, and with your encouragement, we are planning to making it a webinar so that more people can experience the culinary scene of Hong Kong. Stay tuned!

It was a pleasure meeting you all, and hope to see you again at future conferences.

Charmain Tan, RD

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## **IAAND Media Representatives Program**

Lisa Dorfman, MS, RD, CSSD, LMHC, FAND  
Director - IAAND Media Representative Program

Calling all media savvy members:

IAAND is starting a pilot program this year for Media Representatives worldwide.

After completing my two year term this June as Country

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possibility of expanding the media directory to a pilot program for members interested in serving as representatives within their respective countries.

If you are interested, you will be asked to complete a form to share your education and expertise; current position and past experience; previous media and/or writing experience and media resources within your country, e.g. TV, radio, online publications.

For 2018, our goals are:

- Recruit Country Representatives and members from 90% of the 74 countries represented in IAAND
- Create an expanded media directory and make available at our website
- Create and require media training by attending an IAAND Media Training Webinar
- Meet quarterly by conference call (TBD) to discuss and share opportunities and obstacles
- Build the strength of the program by discussing trends and fads, tips and strategies for pitching, navigating and taking charge and running with an effective media program in each respective countries.

In the first Quarter of 2019 we will offer an electronic Media Representative Tool Kit with Letter Templates, Pitch Templates, and everything our IAAND Media Reps need to reach, teach and connect professionally with the public and press.

If you are interested, contact Lisa Dorfman directly at [Lisa@FoodFitness.com](mailto:Lisa@FoodFitness.com).

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## **Mark Your Calendars: IAAND Events at FNCE 2018**

### **IAAND INTERNATIONAL RECEPTION**

Join us for an evening reception on Saturday, October 20<sup>th</sup>, from 19:00 to 22:00 (7 pm to 9pm) at the Marriott Marquis HQ hotel. Awards will be presented at the International Reception!

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### **IAAND MEMBER BREAKFAST**

Please join us for the IAAND Member Breakfast on Monday morning October 22<sup>nd</sup>, 7am to 9am at the Farmers & Distillers Restaurant ([600 Massachusetts Ave NW](#))

Separate checks will be issued with a 20% gratuity added to each check.

Please [RSVP here](#).

### **IAAND BOOTH AT MEMBER MARKETPLACE**

Stop by and meet the IAAND Leadership Team members! We will be at the Member Marketplace on the Expo floor on Monday from 9 am to 3 pm at Booth #2906.

Stay tuned for more information on [our website](#). We hope to see you in Washington, D.C. on October 20-23!

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## **Job Opportunities**

### [Scientist in Nutrition](#)

International Center for Tropical Agriculture (CIAT)  
Kapala, Uganda

### [Early Years Nutrition Partnership](#)

Various UK Locations

### [Fresh Approaches Food Bank Program Coordinator](#)

Waterloo, ON, Canada

### [Interim Senior Manager Nutrition Advocacy](#)

Gates Foundation  
Seattle, WA, USA

### [Food Security Manager](#)

Mercy Corps  
Goma, Democratic Republic of the Congo

### [Clinical Dietitian](#)

Shakara Holdings  
Doha, Qatar

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*Academy of Nutrition and Dietetics.*

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## **Save the Dates: Upcoming Conferences and Events**

[ESPEN Congress on Clinical Nutrition and Metabolism](#)

Madrid, Spain September 1-4, 2018

[10th Apollo International Clinical Nutrition Update \(AICNU\)](#)

[2018](#)

Chennai, India, August 4 – 5, 2018

[10th Cyprus Dietetic & Nutrition Association Conference with International Participation](#)

Cyprus, November 22-15, 2018

[International Congress of Dietetics \(ICD\)](#)

Cape Town, South Africa, September 15-18, 2020

[International Congress of Nutrition](#)

Tokyo, Japan, September 14-19, 2021

*Note: Training events are not necessarily endorsed by IAAND or the Academy of Nutrition and Dietetics*

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## **New Members and Supporters**

The IAAND would like to extend a warm welcome to our new members and supporters:

### **Australia**

Helen Barnett

### **Barbados**

Kathlyn Stephenson

### **Canada**

Martine Gaudreault

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Jackie Lennett  
Erin Van Genderen



IAAND on Facebook



IAAND on Twitter



IAAND on the Web

IAAND Mission is...

Empower members through professional development and promote international collaboration in the global nutrition and dietetics community

IAAND envisions a future where there is ...

A global community of dietitians engaged in food and nutrition related health initiatives with diverse populations

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