

## CONCEPT PAPER

### Middle East Peer Network in Dietetics (MEPND):

#### Awareness and Implementation of Nutrition Care Process and Evidence Based Dietetics Practice

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**Peer Network for Dietetics Project Aim:** Use Train the Trainer Model to create expertise within each Middle Eastern Country in Nutrition Care Process and Evidence-Based Dietetics Practice

#### Specific Objectives:

- Use Knowledge Transfer Model to assess healthcare organization,
  - Create assessment tool tailored to NCP and EBDP
- Provide education and tools tailored based on knowledge transfer model
  - Three year schedule of webinars
- Measure implementation at end of two year period (may have 2-3 “waves” of implementation)

#### Overall Project Methodology:

1-Create tailored organizational assessment to measure organizational characteristics, supporting factors, and barriers for implementing Nutrition Care Process and Evidence-Based Dietetics Practice

2-Create recruitment eligibility requirements and selection process (Balanced between levels of experience (60% young professionals), setting, sphere of influence (at least one), ability to present in their country), plan for future involvement or transitioning to other activities if no longer in workforce

- 30 – 90 MEDN participants – one to three per country

3-Recruit individuals from organizations in Middle Eastern Countries for Peer Network in Dietetics (PND)

- Model process after the Peer Network For Nutrition Care Process used in United States

4-Modify data collection tools based on input from selected individuals

5-Collect baseline data from organizations

6-Modify Train the Trainer schedule based on baseline data and input from PND

7- Start Train the Trainer webinars in waves (6 months between start dates)

- Best Practices from Middle East are highlighted in each webinar/face to face
- Webinar has two parts: Guest Speaker Content and summary of progress/challenges and how approached by members (Recorded), at least 1 per year focused on national level change

8-Measure implementation 2 years after start date of webinars through interviews with PND members, capture process for implementation and adaptation/translation (standard feedback after presentations by members), impact at national level, and ability to influence others

9-Analyze data and process through interviews with PND and data collection in organization

Members receive certificates of completion (level depends on level of implementation)

10-Disseminate results through publication, media, social media, presentations and other venues

#### General type of funding support needed:

- Support for researchers to develop pre and post organizational assessment and train the trainer curriculum (2- hours per week – 8-10 hrs per month)
- Webinar subscription and website hosting and translation support for Arabic, Turkish and French (shared with second project)
- Funding for NCP and EAL Subscriptions and other training resources for MEDN members for 3 years