
eNews[View this eNews in your browser](#)

american overseas dietetic association

 an affiliate of the
Academy of Nutrition and Dietetics

April 2016

[AODA Website](#)[AODA BOD and LT](#)[MDA Stipend
Winners](#)[Tufts University
Programs](#)[FDA
Recommendations](#)[ONLP Course](#)[Summer Food,
Summer Moves](#)[Sitting at Work](#)[Exercise Labels](#)[Breast Cancer](#)

Dear Members and Supporters,

A friendly reminder that it is time to to renew your Academy membership and AODA affiliation. If you are already an AODA member, you simply need to renew your Academy membership and be sure that AODA is still selected as your “state” affiliate. If you are a supporter, please renew your Academy membership, then submit your AODA [supporter application](#) and separate payment of \$35/year (\$25/year for students). This will maintain your access to all AODA benefits.

Sincerely,

Your Newsletter Editor

Emmy Steiner

newsletter@eatrightoverseas.org

[Experts](#)

AODA's New Website is Live!

Please visit www.eatrightoverseas.org and check out AODA's new website! The update has been a long time coming and is the result of many hours of effort from AODA's Leadership Team and Executive Director. It will continue to be updated regularly with blog posts, member profiles and other exciting content. The member-only section is still under development, but will be active soon. If you have any comments, please contact [Carrie Kiley](#), Executive Director of AODA.

Announcing AODA's Newest Elected Officers and Leadership Team Vacancies

Congratulations to Marianella Herrera, President-Elect, and Lisa Dorfman, Country Representative Chair, who were recently elected to these key positions on AODA's Board of Directors. Thank you to those of you who voted and to Marianella and Lisa for your continued support of AODA!

The following Leadership Team positions are currently open:

- Co-Newsletter Editor
- PR/Media Chair
- Nominating/Awards Chair
- Fundraising Chair

For more information or to submit an application, please contact [Carrie Kiley](#), Executive Director of AODA.

MDA Stipends

Congratulations to Maria Bovill, Charlene Degan and Melinda Boyd who have received stipends to support their presentations at the upcoming MDA-AODA conference. We look forward to seeing you in Kuala Lumpur and learning more about your work!

Tufts University Master of Nutrition Science and Policy

Sponsored Message from Tufts University



Tufts University's *Master of Nutrition Science and Policy* (MNSP) degree program is designed for health professionals and recent graduates who are **passionate about nutrition**, and who seek a **world-class program of study**.

Tufts University consistently **ranks among the top 30** universities in the US, and the Friedman School of Nutrition is regarded as one of the world's premier nutrition programs.

MNSP is one of the only graduate programs to combine **online learning** with an **on-campus experience in Boston each semester**. This flexible structure allows students to maintain their careers, live where they choose, and build meaningful relationships and networks with peers and faculty.

Our next cohort begins September 2016. [Visit our website](#) to learn more about the MNSP program and to connect with the Program Director.

FDA Proposes Limit for Inorganic Arsenic in Infant Rice Cereal

FDA is taking steps to reduce inorganic arsenic in infant rice cereal, a leading source of arsenic exposure in infants.

Through a draft guidance to industry, the FDA is proposing a limit or “action level” of 100 parts per billion (ppb) for inorganic arsenic in infant rice cereal. FDA testing found that the majority of infant rice cereal currently on the market either meets, or is close to, the proposed action level.

For more information, please visit the [FDA's Website](#)

Call for Applications for the Oceanic Nutrition Leadership Program (ONLP) Course

Do you have what it takes to be a leader and make a difference in the field of nutrition? Are you early- or mid-career and working/planning to work in nutrition-related fields in Australia, New Zealand, or Pacific Islands? If yes, consider applying for [this ONLP course](#) held on October 2-10, 2016 in Illaroo, NSW, Australia.

Summer Food, Summer Moves

Summer Food, Summer Moves is a fun, hands-on [resource kit](#) designed to get kids and families excited about healthy eating and physical activity during the summer months. The kit is designed for use by summer meal site operators and focuses on using music, games, art, and movement to motivate kids and families to choose more fruits and vegetables, choose water instead of sugary drinks, get enough physical activity every day, and to limit screen time.

Effects of Interventions: Reduced Sitting at Work

Office work has changed considerably over the previous couple of decades and has become sedentary in nature. Physical inactivity at workplaces and particularly increased sitting has been linked to increase in cardiovascular disease, obesity and overall mortality. [A new Cochrane review](#) evaluates the effects of workplace interventions to reduce sitting at work, compared to no intervention or alternative interventions.

Experts Argue That "Exercise Labels" Should Be Added to Food Packets

Food should be labeled with the equivalent exercise needed to burn off its calories in order to help people maintain a healthy weight, [experts have argued](#). Giving consumers an immediate link between foods' energy content and physical activity may **contribute to reductions in obesity**.

European Commission Initiative on Breast Cancer (ECIBC) Calls for Expression of Interest for External Experts

The ECIBC is looking for [external experts](#) to support the work of the Guidelines Development Group and the Quality Assurance Scheme Developing Group Group. Deadline for applications is May 10th, 2016 (Midnight CET).

Open Country Representative Positions

We are currently seeking volunteers to act as a country representative (CR) in **Chile, Equador, or Peru**.

As a CR, you would:

- Represent AODA within the country by establishing relationships with nutrition associations and dietetic professionals.
- Integrate AODA members for nutrition issues within the country.
- Serve as an expert resource for AODA/Academy of Nutrition and Dietetics and interested parties for all nutrition issues with the country.

For more information, please contact [Marianella Herrera](#), AODA Country Representative Chair.

Job Opportunities

[Head of Station / Senior Investigator Scientist](#)

Medical Research Council

Keneba, The Gambia

[Deputy Director, Innovation and Private Sector, Nutrition Job](#)

The Bill & Melinda Gates Foundation

Seattle, WA, USA

[Doctoral \(PhD\) Position in Fatty Acids, Nutrigenomics, and](#)

[Adipose Tissue Inflammation](#)

University of Guelph

Guelph, ON Canada

[Account Supervisor, Food, Beverage and Nutrition](#)

Porter Novelli

Los Angeles, CA, USA

[Postdoctoral Position in Food and Nutrition Science](#)

Chalmers University of Technology

Gothenburg, Sweden

[Senior Technical Specialist - Monitoring, Learning, and Research](#)

Global Alliance for Improved Nutrition
London, United Kingdom or Washington DC, USA

Note: Positions are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics.

CPE and Training Events

2nd Australia/OCEANIAFOODS Training Course on Food Composition

The aims of FoodCompAustralia/OCEANIAFOODS 2016 are to demonstrate how to produce food composition data, assess and assure their quality, and evaluate their ability to meet the requirements of users. RSVP: May 31, 2016

Sydney, Australia, July 4-8, 2016

Note: Training events are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics.

Save the Dates: Upcoming Conferences and Events

The 6th Science of Nutrition in Medicine Conference

Sydney, Australia, April 30 - May 1, 2016

2nd Annual International Symposium on Diabetes/4th Annual International Conference on Health & Medical Sciences

Athens, Greece, May 2-5, 2016

3rd Eating Disorders and Obesity Conference

Gold Coast, Australia May 16-17, 2016

MDA-AODA Conference

Kuala Lumpur, Malaysia, May 26-28, 2016

Global Food Security and Sustainability Conference

Beijing, China, June 6-8, 2016

[Association of Nutrition & Foodservice Professionals Annual Conference & Expo](#)

Indianapolis, IN, USA, June 10 - 13

[Agriculture, Nutrition & Health Academy Week](#)

Addis Ababa, Ethiopia, June 20-24, 2016

[World Congress on Active Ageing 2016](#)

Melbourne, VIC, Australia, June 28 - July 1, 2016

[Food Allergy Summit](#)

London, UK, July 5-7, 2016

[4th International ISEKI Food Conference](#)

Vienna, Austria, July 6-8, 2016

[OCEANIAFOODS Conference](#)

Sydney, NSW, Australia, July 9, 2016

[International Conference on Food Microbiology](#)

Birmingham, UK, August 8-10, 2016

[Food & Beverage Analysis](#)

New Delhi, India, August 19-20, 2016

[World Nutrition Cape Town 2016](#)

Cape Town, South Africa, August 30 - September 2, 2016

[Nutrition Congress 2016](#)

Cape Town, South Africa, September 3-5, 2016

[Global Food Security and Sustainability Conference](#)

Beijing, China, September 5-7, 2016

[Food Safety & Analysis Congress](#)

Cambridge, UK, September 6-7, 2016

[17th International Congress of Dietetics \(ICD\)](#)

Granada, Spain, September 7-10, 2016

[66th Australasian Grain Science Conference](#)

Tamworth, NSW, Australia, September 14-16, 2016

[Probiotics Congress: USA](#)

San Diego, USA October 3-4, 2016

[REWARD symposium](#)

Brussels, Belgium, October 27, 2016

[15th International Conference on Food Processing and Technology \(Food Technology2016\)](#)

Istanbul, Turkey, November 7-9, 2016

Note: Training events are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics.

New Members and Supporters

The AODA would like to extend a warm welcome to our new members and supporters:

Australia

Monique Cashion

Catherine Saxelby

Canada

Donna Andersen

Soodeh Razeghi Jahromi

Dorian Yuen

Hong Kong

Sung Tin Derek Kan

Indonesia

Dian Handayani

Kuwait

Shurooq Boodai

Mexico

Adriana Rosalia Moctezuma Chavarria

Philippines

Maria Nenita Umali

Qatar

Asmaa Al Muhannadi

Singapore

June Liew

Taiwan

Wen-Yin Hsu

United Arab Emirates

Fatima Al Nuwais

Cassandra Howard

United Kingdom

Sarah Kenney

Emma-Louise Matthews

United States

Nicole Anicas

Melissa Boncher

Aimee Graham

Jennifer Holbrook

Mameni Linga

Jessie Lupo
Cordalis Msora-Kasago
Juliet Rodman
Eling Tsai
Brittany Werner
Michelle Wilson



[AODA on Facebook](#)



[AODA on Twitter](#)



[AODA on the Web](#)

AODA Mission: Empower members to be international food and nutrition ambassadors.

AODA Vision: Optimize health internationally through food and nutrition.

Copyright © 2016 American Overseas Dietetic Association, All rights reserved.

[unsubscribe from this list](#) [update subscription preferences](#)

