

# american overseas dietetic association



# **AODA E-News**

February 2015

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Dear AODA Members,

I, and the rest of the AODA Board of Directors and Leadership Team, would like to welcome Lisa Dorfman, MS, RD, CSSD, LMHC, FAND to the AODA Leadership Team as the Media Representative. We look forward to working with her in the promotion of AODA. If you have any suggestions for Lisa, you can email her at <a href="media@eatrightoverseas.org">media@eatrightoverseas.org</a>

Sincerely, Your Newsletter Editor Jamie Sheard, APD, AN, PhD newsletter@eatrightoverseas.org

**AODA Website Volunteer** 

The "Members Only" portion of the AODA website is still not available due to the recent change in providers, which required reconstruction of the website. If you would like to volunteer some time to help update the content, please contact <a href="mailto:aoda.general@gmail.com">aoda.general@gmail.com</a>

**National Nutrition Month® 2015** 

National Nutrition Month® is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

The theme for 2015 is "Bite into a Healthy Lifestyle," which encourages everyone to adopt eating and physical activity plans that are focused on consuming fewer calories, making informed food choices and getting daily exercise in order to achieve and maintain a healthy weight, reduce the risk of chronic disease and promote overall health.





If you would like to obtain resources for your own National Nutrition Month activities, the catalog is available at <a href="http://www.jimcolemanstore.com/nnm">http://www.jimcolemanstore.com/nnm</a>, and the toolkit is available at <a href="http://www.eatright.org/nnm">www.eatright.org/nnm</a>.

Please share any activities, stories, photos with me to share in the upcoming newsletters! You can email them to newsletter@eatrightoverseas.org

National Institutes of Health Office of Dietary Supplements Strategic Plan 2010-2014

The Office of Dietary Supplements (ODS) within the National Institutes of Health is welcoming input on a number of issues as the strategic plan for 2015-2019 is being developed. The <a href="Strategic Plan 2010-2014 Progress">Strategic Plan 2010-2014 Progress</a> Report outlines the actions of the ODS to achieve its mission and the goals of its strategic plan, meet its legislative mandates, and enhance the health of the public.

The following are open for comment:

- Are the current strategic goals adequate? Should any be modified? Are any new ones needed?
- Is ODS meeting its stakeholders' needs?
- In the future, should any of ODS's current programs or activities be given higher (or lower) priority? Are any new ones needed?
- How can ODS more effectively provide useful information to the ODS user community, including consumers, investigators, practitioners, industry, media, policymakers, government, and other interested parties?

You can submit comments to <a href="mailto:ODSplan@od.nih.gov">ODSplan@od.nih.gov</a> by 11:59pm EST, **March 6, 2015**.

US Food and Drug Administration "Redbook" Open for Comment

The US Food and Drug Administration has extended the comment period for updates to the Toxicological Principles for the Safety Assessment of Food Ingredients (aka the "Redbook") to **May 11, 2015**.

The original request for comment, issued on October 30, 2014 can be viewed here: <u>Toxicological Principles for the Safety Assessment of Food Ingredients: Public Meeting on Updates and Safety and Risk Assessment Considerations</u>

To electronically submit your comments, visit <a href="http://www.regulations.gov">http://www.regulations.gov</a> and enter FDA-2014-N-1497 in the search box.

### **Food Safety Focus for World Health Day 2015**

The World Health Organization has announced that the focus of World Health Day 2015 on April 7 will be Food Safety. As our food supply becomes increasingly globalized, the need to strengthen food safety systems in and between all countries is becoming more and more evident. The WHO is promoting efforts to improve food safety, from farm to plate (and everywhere in between).

**US Food and Drug Administration Public Meeting on Progress toward Attribution of Foodborne Illness** 

The US Food and Drug Administration (FDA), Centers for Disease Control and Prevention (CDC), and USDA's Food Safety and Inspection Service (FSIS) will hold a public meeting on Tuesday, **February 24, 2015** to update stakeholders on the Interagency Food Safety Analytics Collaboration's (IFSAC) work to improve foodborne illness source attribution.

The meeting will be held in Washington DC, USA, and a webcast is available for those who cannot attend in person. There is no fee, but pre-registration is necessary for both.

Register <a href="here">here</a>, and you can electronically submit comments to the docket at <a href="http://www.regulations.gov">http://www.regulations.gov</a> and enter FSIS FRDOC 0001-0409 in the search box.

### **Nutrition and Hydration Week 2015**

Nutrition and Hydration Week will be held **March 18-22**, **2015**, with the Worldwide Afternoon Tea occurring on Wednesday, **March 18**, **2015**.

Nutrition and Hydration Week was created by the 2 leading professional associations in the United Kingdom for health (Hospital Caterers Association [HCA]) and social care (National Association of Care Catering [NACC]).

The mission of the week is to create a global movement to reinforce and focus energy, activity, and engagement on nutrition and hydration as an important part of quality care, experience, and safety improvement in health and social care settings.

For more information about the week and to see how you can be involved, please visit the <u>website</u>.

### **Scholarship to Attend SCOPE Conference in London**

<u>World Obesity</u> is providing a limited number of registration scholarships for complimentary registration to the 2015 Specialist Certification of Obesity Professional Education (SCOPE) School that is being held June 9-10, 2015 in London, UK. This event is aimed at all healthcare

professionals working with obese and overweight patients and includes lessons from cardiovascular disease management, combining calorie restriction with exercise, combining treatment modalities in children, combining surgery with exercise, and much more. Applications close Monday **March 2, 2015**.

## **ENDietS - European Network for Dietetic Students**

ENDietS is a network that was established in 2014 by European dietetic students, and they will start their student focused activities soon. It is addressed to every dietetic student in the world, and, as there is no member fee, everyone can participate. They are inviting all students to become a member; the member registration can be found <a href="here">here</a>, and an introduction video can be viewed on the <a href="website">website</a>.

### **World Women's Health and Development Forum**

On February 11 and 12, the Royal Academy of Science International Trust (RASIT), in partnership with the United Nations Department of Economics and Social Affairs, organized the Inaugural World Women's Health and Development Forum, which aimed to advance the health, wealth, and empowerment of women in all of their diverse communities.

In addition to a number of noted speakers on a variety of topics, Past President of the Academy of Nutrition and Dietetics, Susan Finn, presented on the topic "Fueling Sustainable Development: Nutrition and Health of Women."

All of the sessions are available for viewing on <u>UN TV</u>.

### **Open Country Representative Positions**

We are currently seeking a volunteer to act as a country representative (CR) in **Spain**.

### As a CR, you would:

- Represent AODA within the country by establishing relationships with nutrition associations and dietetic professionals.
- Integrate AODA members for nutrition issues within the country.
- Serve as an expert resource for AODA/Academy of Nutrition and Dietetics and interested parties for all nutrition issues within the country.

For more information or to share your thoughts, please contact Marianella Herrera, AODA Country Representative Chair, at <a href="mailto:cr-chair@eatrightoverseas.org">cr-chair@eatrightoverseas.org</a>

**Membership Benefit Corner** 

### **Professional Growth and Leadership Opportunities**

Members have an opportunity to enhance leadership skills by serving as elected officers, appointed officers, or committee members. Excellence in nutrition practice combined with volunteer efforts within AODA make several of our members eligible for distinguished AODA and Academy of Nutrition and Dietetics affiliate awards each year. To volunteer please email NCC@EatrightOverseas.org

### **Job Opportunities**

There is a 6-month internship available in the Nutrient Profiling Group of the Nestle Research Center in Lausanne, Switzerland. More information can be found <a href="here">here</a>.

Note: Positions are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics

**CPE and Training Events** 

### Malnutrition screening and assessment in paediatrics

This presentation will clarify the anthropometric related definitions of malnutrition in infants and children and discuss boarder classifications of paediatric malnutrition. The global and local incidence of malnutrition will be examined including the findings of the first Australian multisite study to investigate the prevalence of malnutrition in paediatric inpatients.

Webinar, March 5, 2015, 2-3pm AEDT

### **Food and Nutrition Webinar Series 2015**

The Food and Drug Administration Center (FDA) for Food Safety and Applied Nutrition (CFSAN) and the Joint Institute for Food Safety and Applied Nutrition (JIFSAN) are jointly sponsoring a Food and Nutrition Webinar Series for 2015, consisting of 4 presentations, 2 each in the spring and 2 in the fall. The purpose of the webinar is to communicate updated information on FDA's food and nutrition regulatory processes that are relevant to professional practice.

March 24, 2015, 1-3pm EDT April 20, 2015, 1-3pm EDT The dates for the fall series will be announced later.

## <u>Commission on Dietetic Registration Certificate of</u> Training in Adult Weight Management Program

This program is designed to produce providers of comprehensive weight management care who also know when and how to refer patients to other specialists. New Brunswick, NJ, USA, March 20-22, 2015 New Orleans, LA, USA, June 4-6, 2015 Nashville, TN, USA (pre-FNCE), October 1-3, 2015 Virginia Beach, VA, USA, October 22-24, 2015

### Commission on Dietetic Registration Certificate of Training in Childhood and Adolescent Weight Management

This program is designed to produce providers of comprehensive weight management care for children and adolescents who also know when and how to refer patients to other specialists.

Charlotte, NC, USA, March 12-14, 2015 Buffalo, NY, USA, September 10-12, 2015

### **Nutrition in a Changing Global Environment**

The Agency for International Development Cooperation (MASHAV), in conjunction with the Hebrew University of Jerusalem's Faculty of Agriculture, is offering a training and capacity building program on nutrition in a changing global environment.

Rehovot, Israel, April 20 - May 19, 2015

### <u>Commission on Dietetic Registration Level 2</u> <u>Certificate of Training in Adult Weight Management</u> <u>Program</u>

Charlotte, NC, USA, May 14-16, 2015

### **MEAS Symposium 2015**

The MEAS consortium and others committed to strengthening extension systems in developing countries will converge to deliberate and strategize on their role for the future of extension and advisory systems. How can we best strengthen extension systems in developing countries in order to reduce poverty and increase food security? What are the lessons from the MEAS experience and the experience of partners around the world? How can we sustain impacts to result in improved services for small-holder farmers, especially women farmers? Washington DC, USA, June 3-5, 2015

### <u>Dannon Institute 2015 Early Career Nutrition</u> Leadership Institute (NLI)

The Dannon Institute 2015 Early Career Nutrition Leadership Institute (NLI) will be held June 6-11, 2015 in Maryland.

Note: Training events are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics

**Save the Dates: Upcoming Conferences and Events** 

# 2015 National Anti-Hunger Policy Conference

Washington, D.C., March 1-3, 2015

# **2nd Annual Food, Nutrition and Agriculture Genomics Congress**

London, UK, April 29-30, 2015

# <u>International Conference on Urban Health (ICUH 2015)</u>

Dhaka, Bangladesh, March 9-12, 2015

#### **Dietitian Day**

Brisbane, Queensland, Australia, March 13, 2015

# **2nd Annual Food, Nutrition and Agriculture Genomics Congress**

London, UK, April 20-21, 2015

# 8th Annual World Protein and Peptide Conference (PepCon-2015)

Nanjing, China, April 25-28, 2015

# 4th International Conference and Exhibition on Metabolomics and Systems Biology

Philadelphia, Pennsylvania, USA, April 27-29, 2015

# **2015 Science of Nutrition in Medicine Conference**

Melbourne, Australia, May 2-3, 2015

# A Symposium on Diabetes by the Athens Institute for Education and Research (ATINER)

Athens, Greece, May 4-7, 2015

# <u>Agencies for Nutrition Action 6th National Nutrition</u> <u>and Physical Activity Conference</u>

Auckland, New Zealand, May 6-7, 2015

### **ACN2015: 12th Asian Congress of Nutrition**

Yokohama, Japan, May 14-18, 2015

# 5th Annual Leverhulme Centre for Integrative Research on Agriculture and Health (LCIRAH) Research Conference

London, England, June 3-4, 2015

#### **Healthy Aging Summit**

Washington DC, USA, July 27-28, 2015

# Health Informatics Conference 2015: Driving reform - Digital health is everyone's business

Brisbane, QLD, USA, August 3-5, 2015

#### **Food Processing and Analysis**

Chandigarh, India, August 20-21, 2015

## <u>Food Analysis Congress - Safety, Quality, Novel</u> <u>Technologies</u>

Cambridge, UK, September 15-16, 2015

#### Food & Nutrition Conference & Expo (FNCE) 2015

Nashville, TN, USA, October 3-6, 2015 Call for abstracts now open

### **11th International Food Data Conference**

Hyderabad, India, November 3-5, 2015

### **New Members & Supporters**

The AODA would like to extend a warm welcome to our new members and supporters:

### Canada

Brenda Hotson Sarita Gupta

#### Egypt

Fayrouz Youssef

#### **Greece**

Foteini Angelou

### **Singapore**

Margaret Cooper

### **United States**

Veronika Arkhipova
Julia Chervinka
Samantha Fuhrmann
Amy Good
Brandyn Jones
Kathleen Karrenbauer
Bret Kugler
Alba Reguant-Closa
Vanessa Risoul
Tabitha Tepes
Emily Leahey
Jessica Williams

### Mission:

Empower members to be international food and nutrition ambassadors

#### Vision:

Optimize health internationally through food and nutrition

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