



american overseas dietetic association



an affiliate of the

Academy of Nutrition and Dietetics

AODA E-News

November 2014

In This Issue

[AND Foundation Awards](#)

[AODA Educational Stipend Winner](#)

[New FAO Resources](#)

[Global Nutrition Report 2014](#)

[Updated WHO Resources](#)

[Position and Practice Papers](#)

[E-learning MSc in Global Public Health Nutrition](#)

[AND Resources](#)

[AND Financial Report](#)

[New FDA Rules for Labeling](#)

[HOD Update](#)

[Open CR Positions](#)

[Membership Benefit Corner](#)

[Job Opportunities](#)

[CPE and Training Events](#)

[Save the Dates](#)

[New Member Welcome](#)

Quick Links

[AODA Web Site](#)

[AODA Mission, Vision & Aims](#)

[ADA Web Site](#)

Dear AODA Members,

The wealth of information that is being released by international nutrition organizations is exciting, in that it means nutrition is receiving increasing attention.

As I look through the messages and aims of these resources, it makes me realize again how lucky I am to have adequate and nutritious food so readily available - definitely something to be thankful for. Happy Thanksgiving to all of you who celebrate it.

Sincerely,
Your Newsletter Editor
Jamie Sheard, APD, AN, PhD
newsletter@eatrightoverseas.org

Academy of Nutrition and Dietetics Foundation Awards

Apply now for the following Academy Foundation Awards. For more information or to access the application, please visit <http://www.eatright.org/foundation/awards/>. The deadline to apply is **February 1, 2015**. Questions may be directed to 800.877.1600, extension 767 or adonatell@eatright.org.

American Overseas Dietetic Association International Project Award

The purpose of this fund is to foster collaboration and the sharing of knowledge and skills among food and nutrition professionals in the international community. The award will be given to AODA members who intend to work in partnership with another food or nutrition professional on a project that will benefit the local community of one of the individuals. The premise is that the AODA member and colleague will have somewhat different knowledge and skill

[AODA Brochure](#)

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sets that, when brought together, will serve to fulfill a special project.

Award amount: \$3,000

First International Nutritionist/Dietitian (FIND) Fellowship for Study in the USA

This award is given to assist foreign nationals who are pursuing postgraduate work in the USA and have a clearly articulated plan to return to their country.

Award amount: \$2,000

Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

This award is given to provide for the international exchange of needed nutrition, dietetic and/or management information for the benefit of the nutritional health of the world community. Up to two awards may be given.

Award amount: \$1,100

AODA Educational Stipend Winner

Congratulations to the winner of the AODA Educational Stipend, Beatriz Dykes! There were 7 worthy applicants for the award this time. Bea will be attending the Nutritionists-Dietitians Association of the Philippines (NDAP) Diamond Anniversary Convention (Feb 17-19, 2015), where the Academy of Nutrition and Dietetics (AND) president Sonja Connor will be the keynote speaker. Other presenters include Jessie Pavlinac, AND past-president; Ethan Bergman, AND past-president; and Bea Dykes, AODA member.

FAO Releases New Resources

The Food and Agriculture Organization has released the following resources:

- The eBooks Nutrition Collection is a unique compilation of guidelines, tools, and expert consultations, as well as advice on healthy nutrition in eBook format. The Collection is now available free [online](#) in English, French, Spanish, and other languages. The titles include Combating Micronutrient Deficiencies: Food-based Approaches, Dietary protein quality evaluation in human nutrition, Improving Diets and Nutrition - Food-Based Approaches, Milk and dairy products in human nutrition, among others.
- [Food and Nutrition in Numbers](#) is a pocket-sized compendium dedicated to the state of nutrition worldwide that offers diverse data and visualizations highlighting trends on such topics as micronutrient deficiencies, overweight, obesity, and non-communicable diseases from 1990 to present.

Global Nutrition Report 2014

The first-ever Global Nutrition Report has been released and is now available [online](#). The report was produced by an independent expert group empowered by the Global Nutrition Report Stakeholder Group and published by the International Food Policy Research Institute.

The Key Points are as follows:

1. People with good nutrition are key to sustainable development.
2. We need to commit to improving nutrition faster and build this goal into the Sustainable Development Goal targets for 2030.
3. The world is currently not on course to meet the global nutrition targets set by the World Health Assembly, but many countries are making good progress in the target indicators.
4. Dealing with different, overlapping forms of malnutrition is the "new normal."
5. We need to extend coverage of nutrition-specific programs to more of the people who need them.
6. A greater share of investments to improve the underlying determinants of nutrition should be designed to have a larger impact on nutritional outcomes.
7. More must be done to hold donors, countries, and agencies accountable for meeting their commitments to improve nutrition.
8. Tracking spending on nutrition is currently challenging, making it difficult to hold responsible parties accountable.
9. Nutrition needs a data revolution.
10. National nutrition champions need to be recognized, supported, and expanded in number.

Updated World Health Organization Guidelines and Tools

The World Health Organization recently released updated guidelines and a tracking tool:

[Fortification of food-grade salt with iodine for the prevention and control of iodine deficiency disorders](#)

The proposed guideline aims to help Member States and their partners in their efforts to make informed decisions on the appropriate nutrition actions to achieve Millennium Development Goals (MDGs), in particular, reduction of child mortality (MDG 4) and improvement of maternal health (MDG 5). It will also support Member States in their efforts to achieve global targets on the comprehensive implementation plan on maternal, infant, and young child nutrition in the Global action plan for the prevention and control of noncommunicable disease 2013-2020.

[Nutritional care of children and adults with Ebola virus](#)

[disease in treatment centres](#)

This interim guideline lays out some basic principles of optimal nutritional care for adults and pediatric patients during treatment and convalescence in Ebola treatment units, community care centers, or to other centers where Ebola patients are receiving care and support. It highlights the key clinical problems in patients affected by Ebola virus disease (EVD) that may interfere with their nutritional status and overall clinical support in the context of the current Ebola crisis, and summarizes their nutritional needs. It does not provide specific advice on fluid management in cases of vomiting, diarrhea and dehydration or parenteral nutrition.

[Tracking tool for the 6 global nutrition targets](#)

The tracking tool just released by the World Health Organization allows users to explore scenarios taking into account different rates of progress for the 6 targets for improving maternal, infant and young child nutrition established in 2012. The tool has 3 modules: country indicator profiles, indicator mapping, and global and regional overviews. The tool's underlying data will be updated as new estimates of the target indicators become available.

Call for Assistance with Position and Practice Papers

The Academy of Nutrition and Dietetics, through the Academy Positions Committee (APC), is soliciting for individuals with expertise in the following areas to work on developing the position and practice papers. Papers that are being updated can be found at <http://eatright.org/positions>.

Position Papers:

- Child & Adolescent Nutrition Assistance Program
- Nutrient Supplementation (to be completed using the Academy's evidence analysis process)

Practice Papers:

- Nutrition Intervention & Human Immunodeficiency Virus Infection (Position paper expires December 31, 2014 and will be updated as a practice paper)
- Dietary Supplements: Guidelines for Considering Supplements for Patients/Clients-New paper!
- Ketogenic and Other Diet Therapies for Treatment of Medication Resistant Epilepsy in Children and Adolescents-New paper!
- Engaging Effectively and Ethically with Social Media

Position and Practice Paper on the same topic:

- Local Support for Nutrition Integrity in

Schools (position) and Comprehensive School Nutrition Services (Position paper expires December 31, 2014 and will be updated as a practice paper to coordinate with the Local Support for Nutrition Integrity in Schools position paper)

APC is asking you to identify individuals who would be qualified to serve as an author of a position/practice paper, a content advisor to provide guidance during the development of a paper, and/or a reviewer of a draft manuscript.

Development of Online E-learning MSc in Global Public Health Nutrition

The Metropolitan University College Copenhagen, which is a WHO Collaborating Centre in Global Nutrition and Health, is seeking input regarding the potential demand and possible long-term sustainability of an MSc in Global Public Health Nutrition via digital learning. If you are interested in providing input, please complete the [short survey](#) (3 questions only).

Resources from the Academy of Nutrition and Dietetics

The Academy of Nutrition and Dietetics Coding and Coverage Committee has recently announced that the [Coding and Billing Handbook: A Guide for Program Directors and Preceptors](#) is now available and ready for use with dietetic interns. It is free to members and \$40 for non-members and includes vocabulary, sample case studies, recommended resources and other materials to use in supervised practice programs. It may also be helpful for new RDNs new to coding and billing for MNT services.

In addition to other information regarding ethical practice, the AND website www.eatright.org/codeofethics also includes the [Code of Ethics for the Profession of Dietetics Resources: Making it Relevant](#) document.

Academy Financial Report

The [Academy Financial Report](#) has been released by the Treasurer and Chair - Finance and Audit Committee, Donna S. Martin, EdS, RDN, LD, SNS, FAND.

The report includes consolidated net income results, investment returns, investment reserves, and spending plans for fiscal year 2015.

Food and Drug Administration Restaurant Menu Labeling and Vending Machine Labeling

The Food and Drug Administration in the US has just issued its [final rules for both restaurant menu labeling and vending machine labeling](#). These include:

- new requirements for labeling calorie counts of

- alcoholic beverages
- broad application of menu labeling requirements to restaurants and also restaurant-type establishments selling prepared, ready-to-eat food, such as grocery stores, movie theaters, and convenience stores
- daily caloric intake recommendations to help consumers place their purchases in context of a healthful daily diet
- requirements to provide, upon consumer request and as noted on menus and menu boards, written nutrition information about total calories, total fat, calories from fat, saturated fat, trans fat, cholesterol, sodium, total carbohydrates, fiber, sugars, and protein

Update from the House of Delegates Representative

HOD and HLT Program of Work for 2014-2015

The House of Delegates and the House of Delegates Leadership Team have developed their [program of work for 2014-2015](#), including 3 goals.

Council on Future Practice Announces Top Innovations

The Council on Future Practice conducted its 6th annual Innovations in Dietetic Practice and Education session at FNCE, and the top innovators are as follows:

- Top Innovation in Education: "Using Twitter to Enhance Engagement in Undergraduate Nutrition Courses," presented by Carrie Hamady, MS, RD, LD, Sylvania, OH.
- Top Innovation in Practice: "A Six Month Worksite Weight and Pre-Diabetes Healthy Lifestyle Program with Bundled Billing through Employee Insurance," presented by Cynthia Moore, MS, RD, CDE, FAND, Charlottesville, VA.

Open Country Representative Positions

We are currently seeking volunteers to act as country representatives (CRs) in **Zimbabwe**.

As a CR, you would:

- Represent AODA within the country by establishing relationships with nutrition associations and dietetic professionals.
- Integrate AODA members for nutrition issues within the country.
- Serve as an expert resource for AODA/Academy of Nutrition and Dietetics and interested parties for all nutrition issues within the country.

For more information or to share your thoughts, please contact Marianella Herrera, AODA Country Representative Chair, at cr-chair@eatrightoverseas.org

Membership Benefit Corner

Monthly e-News

The AODA monthly e-News is delivered via email and delivers the most up-to-date association news, including upcoming events and other news of interest from around the world, as well as training events and job opportunities.

If you have stories of interest for the rest of the membership, please email them to the Newsletter Editor at newsletter@eatrightoverseas.org

Job Opportunities

Because the AODA website is currently undergoing changes, the job opportunities list is not available.

Note: Positions are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics

CPE and Training Events

Vitamin D: Moving Toward Evidence-Based Decision Making in Primary Care

The conference will provide a forum to identify and discuss issues focused on evidence-based decision making for vitamin D in primary care settings, for example, screening for vitamin D status, interpreting laboratory measures, and determining interventions such as supplementation.

December 2-3, 2014

National Institutes of Health, Bethesda, MD, USA

Also available by webinar

Social Media Webinar

This webinar will help participants know how to effectively launch a presence on social media and improve their strategies for existing platforms.

December 10, 2014; 1pm ET, 12pm CT, 11am MT, 10am PT

2015 John Milner Nutrition and Cancer Prevention Research Practicum

The 2015 John Milner Nutrition and Cancer Prevention Research Practicum will take place **March 2 to 6**, and is now accepting applications - application deadline is **December 19, 2014**. The Practicum will be held at the National Cancer Institute in Rockville, Maryland, the NIH Clinical Center and the USDA Beltsville Human Nutrition Center. This week-long educational offering provides specialized instruction about the role of diet and bioactive food components as modifiers of cancer incidence and tumor behavior. The intent of the Practicum is to introduce participants to research currently being conducted in the field, expose them to available research opportunities, and lay the foundation for future researchers in diet and cancer

prevention.

[Dannon Institute 2015 Early Career Nutrition Leadership Institute \(NLI\)](#)

The Dannon Institute 2015 Early Career Nutrition Leadership Institute (NLI) will be held June 6-11, 2015 in Maryland.

[Practice Competencies National Validation Results](#)

The link to the recording of the webinar that presented the results of the national study of the Practice Competencies Initiative that identified learning needs for dietitians and DTRs based on practice rather than just knowledge.

[Grassroots Marketing of MNT by RDNs for RDNs - Approaching Employers and Insurance Companies About Expanding Local Coverage for Nutrition Services](#)

Part one of the webinar series will provide you with the knowledge you need to take the first step of approaching your own employer/insurance company to determine the MNT benefits offered in your current health insurance plan.

[Grassroots Marketing of MNT by RDNs for RDNs - Approaching the Decision Makers of Self-Funded Insurance Plans](#)

Part two of the webinar series will provide you all the resources that you need to successfully communicate with your own self-funded employer about including or expanding the MNT benefits under your current plan and hear stories from your peers about their MNT advocacy journeys.

[Nutrition Informatics for Registered Dietitians](#)

This online CE module series focuses on defining healthcare and nutrition informatics. You will discover how nutrition informatics fits into the larger framework of healthcare informatics that includes medical, nursing, pharmacy, and public health information. The program can be completed on your own time, at your convenience, and anywhere that you have internet access.

Save the Dates: Upcoming Conferences and Events

[102nd Indian Science Congress](#)

Mumbai, India, January 2-7, 2015

[Health Benefits of the Mediterranean Diet Conference](#)

Tucson, Arizona, USA, January 28-30, 2015

[International Conference on Urban Health \(ICUH 2015\)](#)

Dhaka, Bangladesh, March 9-12, 2015

2nd Annual Food, Nutrition and Agriculture Genomics Congress

London, UK, April 20-21, 2015

4th International Conference and Exhibition on Metabolomics and Systems Biology

Philadelphia, Pennsylvania, USA, April 27-29, 2015

2015 Science of Nutrition in Medicine Conference

Melbourne, Australia, May 2-3, 2015

A Symposium on Diabetes by the Athens Institute for Education and Research (ATINER)

Athens, Greece, May 4-7, 2015

Agencies for Nutrition Action 6th National Nutrition and Physical Activity Conference

Auckland, New Zealand, May 6-7, 2015

ACN2015: 12th Asian Congress of Nutrition

Yokohama, Japan, May 14-18, 2015

Food & Nutrition Conference & Expo (FNCE) 2015

Nashville, TN, USA, October 3-6, 2015

New Members & Supporters

The AODA would like to extend a warm welcome to our new members and supporters:

Australia

Melissa Hart

Canada

Saara Rizzo

Nigeria

Iheyinwa Odum

Philippines

Marites Lorenzo

Saudi Arabia

Maysa Alzaim

Thailand

Janejira Asvatanakul

Trinidad and Tobago

Sheila Bohorquez

United States

Amal Albeshri

Melissa Brown

Katarzyna Burton

Pamela Ching

Fan Hong

Livia Ly
Paul Mifsud
Lauren Elizabeth-Jane Oatz

Mission:
Empower members to be international food and nutrition ambassadors

Vision:
Optimize health internationally through food and nutrition

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