



american overseas dietetic association



an affiliate of the

Academy of Nutrition and Dietetics

AODA E-News

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Join Our List



Dear AODA Members,

The conference year is ramping up with a number of exciting events occurring globally. I'd like to say congratulations to the AODA Board of Directors and Leadership Team members that recently had their sessions and programs accepted for FNCE in October. If you've presented or had a great experience at a conference, please pass that on. We'd love to feature that information in the monthly enews or quarterly *AODA Passport*.

International School Meals Day is also coming up (see below). Please pass on any exciting events that are happening in your area to celebrate and promote nutritious meals in schools.

Sincerely,
Your Newsletter Editor
Jamie Sheard, APD, AN, PhD
newsletter@eatrightoverseas.org

American Overseas Dietetic Association International Project Award Report

AODA International Project Award recipient Terezie Mosby is utilizing the award for the project entitled "Nutrition and Food Safety Educational Program for Low Literacy Caregivers".

The purpose of the project is to develop educational materials for low literacy caregivers of children with cancer. These educational materials will not only teach the caregivers about food safety but also provide them with information to improve their children's diet using locally available foods. The pamphlet will be developed for caregivers in 3 countries: Guatemala, Brazil, and Pakistan.

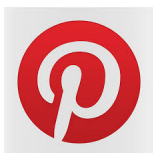
For more information about the project's progress so far, please review Terezie's full [report](#).

[AODA Member Listserv](#)**AODA Passport****View the [AODA Spring Passport here!](#)****Connect with AODA!**

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We look forward to hearing more about the project in the future, as it progresses.

Evidence Analysis Library Projects

The Academy of Nutrition and Dietetics is seeking workgroup members for several Evidence Analysis Library Projects:

- COPD 2014 Guideline
- Relationship of Single Serving Portion Meals and Weight Management
- Malnutrition in Pregnancy
- Bariatric Surgery
- Unintended Weight Loss Guideline Update
- Celiac Disease Guideline Update
- Spinal Cord Injury Guideline Update
- Nutrition Counseling
- Nutrition Screening
- MNT and Pharmacological Therapy Position Paper Project
- Individualized Nutritional Approaches for Older Adults in Health Care Communities Position Paper Project

This is a great way to contribute your expertise, benefit the dietetics profession and enhance your professional development!

For more information, please visit the [website](#). If you are interested in the project, please forward the following information to [Taylor Wolfram](#):

- Identify in the subject line of your email which of the projects you are interested in.
- CV to include public speaking engagements, presentations, and Academy involvement.
- Personal statement expressing interest and qualifications you bring to the project (300-500 words)

Update from the Council on Future Practice - Levels of Practice**ACEND continues to work on new standards**

The ACEND Standards Committee is continuing to move forward with the development of baccalaureate and graduate level standards. The new standards will be degree-based and include knowledge requirements and competencies for practitioners at the 2 levels. A draft of the new standards will be available for comment, anticipated for fall 2014. All stakeholders, including practitioners, employers, educators, students, and others, will have an opportunity to review and provide input on the proposed standards.

The Standards Committee membership has expanded and now includes individuals with varied backgrounds and experience both within and outside the profession.

The Standards Committee expects to complete the development process in 2015, at which time the standards will be available for use on a voluntary basis. If evidence indicates that the new standards are effective, the old standards will be phased out.

International School Meals Day



Celebrate the International School Meals Day on March 6, 2014

The purpose of the International School Meals Day is to raise awareness of the importance of food and nutrition in education and to share school feeding experiences from around the globe.

Read the full description of the activities and find out how you can connect to the project [here](#) or visit the [website](#).

World Health Organization 2012-2013 Biennium Report: Department of Nutrition for Health and Development, Evidence and Programme Guidance

The WHO has issued the Biennium report, detailing changes within the WHO, including the merging of the former Micronutrients Unit and the Nutrition in the Life Course Unit into a new unit, the Evidence and Programme Guidance Unit. Read the full report [here](#).

Open Leadership Team Positions

AODA is currently seeking volunteers for the following exciting Leadership Positions.

- **Fundraising Chair:** The person in this position will organize at least one fundraising activity annually and canvas the membership, affiliated state associations, and other organizations for fundraising ideas.
- **Public Relations Chair:** The person in this position will facilitate the promotion of AODA.
- **Media Representative:** The person in this position will provide interviews for national and international press contacts, initiate media placements, and present AODA primary and secondary messages in interviews.
- **Newsletter Editor:** The person in this position will provide information to AODA members about a

variety of topics as a co-editor.

- **IT Chair:** The person in this position will design, create, and revise the format of the website, as needed.
- **Membership Data Coordinator:** The person in this position will maintain and update all member and subscriber information on file on a monthly basis in addition to producing and sending out new member packets.

For more information, please contact the AODA Nominating Committee Chair, Peggy Yip, at NCC@EatrightOverseas.org

Have Your Say! Dietary Guidelines for Americans

The Dietary Guidelines for Americans 2015 are now available for public comment. It would be great to have collective input from dietitians, who are the nutrition experts. Take the time to add your valuable input [here](#).

In addition, the next Dietary Guidelines Advisory Committee Meeting is scheduled for March 14. You can register for the live [webcast](#) to take part in the meeting.

Open Country Representative Positions

We are currently seeking volunteers to act as country representatives (CR) in Cyprus and Switzerland. As a CR, you would:

- Represent AODA within the country by establishing relationships with nutrition associations and dietetic professionals.
- Integrate AODA members for nutrition issues within the country.
- Serve as an expert resource for AODA/Academy of Nutrition and Dietetics and interested parties for all nutrition issues within the country.

For more information or to share your thoughts, please contact Virginia Tijerina Walls, AODA Country Representative Chair, at cr-chair@eatrightoverseas.org

Update from our House of Delegates Representative

The Academy's House of Delegates (HOD) governs the profession. In the next few months, my goal is to give you insights on how the Academy's HOD governs the profession.

First, I'd like to bring your attention to the HOD section on the Academy's website: <http://www.eatright.org/hod/>

This month, I request 12 minutes of your time to view a video that provides an overview of what the HOD does: [Academy's House of Delegates: What's It All About?](#)

As an Academy member, your voice is critical to the success of Academy's governance because each of us has something unique to contribute. One request I have is, please let your voice be heard. Please give your feedback when there are calls for input from members that I send out on behalf of the Academy's HOD. This is how you shape the direction of our profession and organisation.

Till the update next month, no matter where you are in the world, thank you for what you do for our profession at your work, your community, your country, and globally.

Please let me know if you have any questions or need clarification: hdc@eatrightoverseas.org.

Editha P. Heberlein, Lt Col, USAF, BSC, MS, RDN, FADA < FAND
American Overseas Dietetic Association Delegate, Academy of Nutrition and Dietetics House of Delegates

Membership Benefit Corner

Have you taken advantage of your FREE international financial assistance and resource directory from the Academy?

It is a 90-page directory for U.S. And international students and professionals who are seeking funding for professional study, work experience, or research in their home country or abroad. The publication lists more than 100 groups offering financial assistance and features education organizations, loan programs, literature, and internet resources. Download the resource [here](#).

Job Opportunities

The full list of jobs are available on the [AODA website](#).

This month, I'd like to feature the new [website](#) for jobs at the US Food and Drug Administration. It includes open positions for students, fellows, interns, graduates, faculty, and general job openings.

Note: Positions are not necessarily endorsed by AODA or the Academy of Nutrition and Dietetics

CPE and Training Events

[Online Introduction to Paediatric Nutrition for Health Professionals](#)

The online 6-week course consists of 6 topics, with each topic taking 4-6 hours to complete. The course is targeted

at those with a basic understanding of nutrition who wish to extend skills such as dietitians who are working with children or other health professionals such as doctors, nurses, and speech pathologists who are interested in paediatric nutrition. Topics include nutrition assessment, nutrition requirements, normal feeding (2 parts), undernutrition, and over nutrition.
Online, commencing March 2014

Dietary Assessment Methods Workshop

The workshop brings together current knowledge and practice on dietary assessment methods, with a particular focus on choosing correct assessment techniques for optimising dietary intake data measurement. Practical guided sessions enables delegates to trial computational analysis of dietary data parallel to one to one drop-in discussions with experts in the field.
London, England: March 26, 2014

AMIA 10x10 Informatics Education Program

The goal of the AMIA-OHSU 10x10 program is to provide a detailed overview of biomedical and health informatics to those who will work at the interface of healthcare and information technology. The course also aims to provide an entry point for those wishing further study (and career development) in the field. It provides a broad understanding of the field from the vantage point of those who implement, lead, and develop IT solutions for improving health, healthcare, public health, and biomedical research.
Online, May 7 - October 8, 2014

Lessons from the Mediterranean: Applying Yesterday's Wisdom to Tomorrow's Table

In this workshop, learn the influence of history and culture on traditional and modern day agriculture, how ecology and the ecological environment shape both diet and medicine, the role of conservation practices in preserving natural environments and food heritage, the impact of a changing environment on agriculture and trade, modern threats to healthy lifestyles, and culinary practices in traditional and modern cuisine.
Island of Crete, Greece: May 13-20, 2014

Creating Just Food Systems: Cultural Tools for Local-Global Activism

Women are central to the global food system - as small scale farmers, salaried workers in agribusiness, markets and restaurants - and they are also the key leaders in grass-roots initiatives to create a more equitable and sustainable food system. This course will focus on roles different groups play in promoting community resilience through food systems that address interrelated issues of poverty, health, environment, gender, and racial equality. Using a participatory research and popular education approach, participants will share stories (and food) from their own diverse contexts; will learn about frameworks of

food security, food justice, and food sovereignty; will map local, regional and transnational networks; and will explore artistic, cultural, and spiritual practices that build communities and local-global activism. Antigonish, NC, Canada: May 13-30, 2014

Save the Dates: Upcoming Conferences and Events

[2014 National Anti-Hunger Policy Conference](#)

Washington DC, USA, March 2-4, 2014

[Dietitian's Day](#)

Brisbane, Queensland, Australia or by webcast, March 14, 2014

[12th International Congress on Obesity](#)

Kuala Lumpur, Malaysia, March 17-20, 2014

[10th Valhouny Dietary Fiber Symposium](#)

Bethesda, MD, USA, March 26-28, 2014

[2014 International Conference on Eating Disorders \(ICED\)](#)

New York, USA, March 27-29, 2014

[Academy of Nutrition and Dietetics Public Policy Workshop](#)

Washington DC, USA, March 30 - April 1, 2014

[International Society for Nutritional Psychiatry Research \(ISNPR\)](#)

Melbourne, Victoria, Australia, April 3-4, 2014

[6th Exercise & Sports Science Australia Conference and Sports Dietitians Australia Update: RESEARCH TO PRACTICE](#)

Adelaide, Australia, April 10-12, 2014

[American Society for Nutrition 2014 Scientific Sessions and Annual Meeting](#)

San Diego, CA, USA, April 26-30, 2014

[8th Congress of the International Society of Nutrigenetics/Nutrigenomics](#)

Gold Coast, Queensland, Australia, May 2-3, 2014

[The 4th Science of Nutrition in Medicine and Healthcare Conference](#)

Gold Coast, Queensland, Australia, May 3-4, 2014

[2nd World Forum for Nutrition Research Conference](#)

Brisbane, Queensland, Australia, May 15-17, 2014

[Building Resilience for Food and Nutrition Security](#)

Addis Ababa, Ethiopia, May 15-17, 2014

3rd International ISEKI Food Conference

Athens, Greece, May 21-23, 2014

International Symposium on Understanding Moderate Malnutrition in Children for Effective Interventions

Vienna, Austria, May 26-29, 2014

Australia New Zealand Society for Geriatric Medicine Annual Scientific Meeting 2014

Melbourne, Australia, May 28-30, 2014

Micronutrient Forum: Bridging Discovery and Delivery

Addis Ababa, Ethiopia, June 2-6, 2014

4th Annual LCIRAH Research Conference: Agri-food policy and governance for nutrition and health

London, England, June 3-4, 2014

9th International Conference in Interpretive Policy Analysis

Wageningen, The Netherlands, July 3-5, 2014

6th Africa Nutritional Epidemiology Conference

Accra, Ghana, July 21-25, 2014

International Symposium on Indigenous Vegetables; International Horticultural Conference

Brisbane, Australia, August 18-20, 2014

2014 Asian Congress of Dietetics

Taipei, Taiwan, August 21-24, 2014

2014 Food & Nutrition Conference & Expo (FNCE)

Atlanta, GA, USA, October 18-21, 2014

Walk 21: XV International Conference on Walking and Liveable Communities

Sydney, NSW, Australia, October 21-23, 2014

Food Analysis Congress

Barcelona, Spain, October 29-30, 2014

III World Congress of Public Health Nutrition

Las Palmas de Gran Canaria, Spain, November 7-12, 2014

Second International Conference on Nutrition (ICN2)

FAO Headquarters, Rome, Italy, November 19-21, 2014

Visit our [website](#) for more information.

New Members & Supporters

The AODA would like to extend a warm welcome to our

new members and supporters:

Australia

Catherine Lowe

Canada

Karla Campbell

Judy Rusu

Denmark

Sofie Wendelboe

India

Lovneet Bhullar

Malaysia

Kanimolli Arasu

South Africa

Sandra Van Zyl

United States

Julinar Altit

Marta Blanco

Masayo Chatham

Dan Bi Choi

Sylvia Geiger

Samantha Henning

Amy Lawson

Maggie Moon

Esther Myers

Ivi Papaioannou

Olabisi Salami

Thushyanthini Santhiralingam

Ann Swanson

Wei Chun Tang

Margaret Wilson

Mission:

Empower members to be international food and nutrition ambassadors

Vision:

Optimize health internationally through food and nutrition

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American Overseas Dietetic Association | Joseph Greissing Str 8 | Schwaebisch Hall | 74523 | Germany